

**Section 5AA 2023 Minnesota State High School League
Boys and Girls Track and Field Championships Section 5AA
Monticello - 5/31/2023 to 6/2/2023
Results - Day 2 Friday 6-2-23**

Event 200 Girls 100 Meter Dash

Class A: 11.84 ! 2018 T'Nia Riley
Class AA: 11.71 # 2012 Taylor Anderson
National: 10.98 \$ 2015 Candace Hill
Section 5AA: 12.56 @ 6/2/2023 Sasha Steinbach
12.59 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1	Sasha Steinbach	11 Monticello	12.56@QUAL
2	Emelia Skistad	11 Monticello	12.65 -1.4
3	Piper Osborne	12 Foley	12.98 -1.4
4	Taylor Bockoven	9 Milaca	13.21 -1.4
5	Stella Lambaere	9 Sauk Rapids-Rice	13.22 -1.4
6	Reina Mikla	12 Milaca	13.39 -1.4
7	Kacie Lilledahl	10 Monticello	13.52 -1.4
8	Keisha Aubrey	12 Princeton	13.57 -1.4

Event 201 Boys 100 Meter Dash

Class A: 10.77 ! 1996 Erik Hanson
Class AA: 10.49 # 2004 Ibrahim Kabia
National: 10.00 \$ 2014 Trentavis Friday
Section 5AA: 10.55 @ 6/3/2022 Max Reis
11.20 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1	Caden Spence	12 Zimmerman	11.00 QUAL
2	Bo Beucler	12 Monticello	11.28 -0.9
3	Mason Spence	9 Zimmerman	11.48 -0.9
4	Collin Callstrom	12 Monticello	11.50 -0.9
5	Evan Morris	11 Foley	11.51 -0.9
6	Jamison Waknitz	12 Spectrum	11.51 -0.9
7	Amarr Boyongo	11 St. Cloud Tech	11.77 -0.9
8	Damarius Fletcher	11 St. Cloud Tech	12.14 -0.9

Event 202 Girls 200 Meter Dash

Class A: 24.44 ! 2018 T'Nia Riley
Class AA: 23.91 # 2016 Jedah Caldwell
National: 22.11 \$ 1998 Allyson Felix
Section 5AA: 25.40 @ 6/2/2023 Emelia Skistad
25.80 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1	Emelia Skistad	11 Monticello	25.40@QUAL
2	Sasha Steinbach	11 Monticello	26.36 -2.2
3	Kaela Skistad	10 Monticello	26.72 -2.2
4	Olivia Sauer	9 Foley	27.00 -2.2
5	Lydia Graham	9 Foley	27.50 -2.2
6	Kylee Morton	11 Becker	27.61 -2.2
7	Lexi Helmin	12 Sauk Rapids-Rice	27.61 -2.2
8	Salayna Allen	8 Becker	29.64 -2.2

Event 203 Boys 200 Meter Dash

Class A: 21.45 ! 2014 Tyler Beehler
Class AA: 20.92 # 2004 Jon Boyd
National: 20.13 \$ 1985 Roy Martin
Section 5AA: 22.25 @ 6/2/2023 Caden Spence
22.44 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1	Caden Spence	12 Zimmerman	22.25@QUAL
2	Brady Johnson	12 St. Francis	22.41 QUAL
3	Logan Eisele	12 Becker	22.71 -1.9
4	Wes Johnson	12 St. Francis	23.30 -1.9
5	Joe Murphy	12 Big Lake	23.38 -1.9
6	Mason Spence	9 Zimmerman	23.54 -1.9
7	CJ Mikely	10 Big Lake	23.86 -1.9
8	Owen Symanietz	10 Sauk Rapids-Rice	23.90 -1.9

Event 204 Girls 400 Meter Dash

Class A: 55.67 ! 2016 Chloe Bermel
Class AA: 54.36 # 2001 Vanessa Clarida
National: 50.69 \$ 2002 Sanya Richards
Section 5AA: 57.95 @ 6/2/2023 Kaela Skistad
58.42 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1	Kaela Skistad	10 Monticello	57.95@QUAL
2	Hannah Dierkes	10 Becker	58.74
3	Adrienne Hansen	11 Monticello	1:01.43
4	Sage Greenwaldt	9 Foley	1:02.83
5	Erin Kjellberg	10 Big Lake	1:03.94
6	Kaylyn Rickard	8 Becker	1:04.01
7	Jada Martindale	9 Milaca	1:04.73
8	Ashlynn Mold	8 St. Francis	1:05.53

Event 205 Boys 400 Meter Dash

Class A: 47.66 ! 1996 Tom Gerding
Class AA: 47.56 # 2013 Nathan Roese
National: 44.69 \$ 1982 Darrell Robinson
Section 5AA: 49.08 @ 6/2/2023 Brady Johnson
49.98 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1	Brady Johnson	12 St. Francis	49.08@QUAL
2	Jonah Hviding	12 Princeton	49.24 QUAL
3	Wyatt Witschen	12 Monticello	51.72
4	Alex Weiss	12 Becker	52.45
5	Paul Fasen	11 Monticello	52.65
6	Josh Kennedy	11 Big Lake	52.82
7	Bjorn Mattick	11 St. Cloud Tech	52.86
8	Luke Loidolt	10 Sauk Rapids-Rice	53.35

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Event 206 Girls 800 Meter Run

Class A: 2:08.77 ! 1986 **Jeanne Kruckeberg**
Class AA: 2:06.50 # 2015 **Ruby Stauber**
National: 1:59.51 \$ 2013 **Mary Cain**
Section 5AA: 2:18.66 @ 6/2/2023 **Hailee Zimpel**
2:16.51 **QUAL State Qualifier**

Name	Yr	School	Finals
Finals			
1 Hailee Zimpel	12	Zimmerman	2:18.66@
1:06.409 (1:06.409)		2:18.660 (1:12.251)	
2 Sophia Haase	12	Monticello	2:22.98
1:10.619 (1:10.619)		2:22.980 (1:12.362)	
3 Zili Lenzner	8	St. Cloud Apollo	2:26.07
1:11.737 (1:11.737)		2:26.069 (1:14.332)	
4 Alea Briggs	11	Becker	2:27.75
1:11.157 (1:11.157)		2:27.749 (1:16.592)	
5 Anabella Witschen	12	Monticello	2:30.30
1:13.541 (1:13.541)		2:30.300 (1:16.759)	
6 Amber Lawrence	11	St. Francis	2:30.54
1:12.592 (1:12.592)		2:30.533 (1:17.942)	
7 Addison Dahl	11	Spectrum	2:33.60
1:13.197 (1:13.197)		2:33.600 (1:20.403)	
8 Claire Swanson	9	Zimmerman	2:37.51
1:16.197 (1:16.197)		2:37.509 (1:21.312)	

Event 207 Boys 800 Meter Run

Class A: 1:50.72 ! 1996 **Jason Owen**
Class AA: 1:49.69 # 2008 **Zachary Mellon**
National: 1:46.45 \$ 1996 **Michael Granville**
Section 5AA: 1:58.73 @ 6/2/2023 **Jack Leuer**
1:57.97 **QUAL State Qualifier**

Name	Yr	School	Finals
Finals			
1 Jack Leuer	10	Big Lake	1:58.73@
1:00.902 (1:00.902)		1:58.730 (57.828)	
2 Tyson Ricker	12	Becker	1:59.85
1:01.386 (1:01.386)		1:59.850 (58.464)	
3 Ty Brouwer	11	Monticello	2:01.54
1:01.581 (1:01.581)		2:01.533 (59.952)	
4 Domanic Dick	12	Spectrum	2:01.64
58.802 (58.802)		2:01.632 (1:02.830)	
5 Spencer Vold	12	Big Lake	2:04.55
1:01.618 (1:01.618)		2:04.544 (1:02.926)	
6 Nathan Martin	12	Sauk Rapids-Rice	2:04.98
1:02.569 (1:02.569)		2:04.972 (1:02.403)	
7 Ayden Smith	11	Monticello	2:06.29
1:02.777 (1:02.777)		2:06.282 (1:03.506)	
8 Conner Quigley	11	Princeton	2:10.31
1:04.056 (1:04.056)		2:10.304 (1:06.248)	

Event 208 Girls 1600 Meter Run

Class A: 4:48.41 ! 2013 **Clare Flanagan**
Class AA: 4:46.14 # 2004 **Elizabeth Yetzer**
National: 4:33.29 \$ 2014 **Alexa Efraimson**
Section 5AA: 5:13.27 @ 6/2/2023 **Isabel Mahoney**
5:02.90 **QUAL State Qualifier**

Name	Yr	School	Finals
Finals			
1 Isabel Mahoney	9	Monticello	5:13.27@
1:17.925 (1:17.925)		2:35.214 (1:17.290)	3:54.962 (1:19.748)
5:13.270 (1:18.308)			
2 Stella Rusch	11	St. Cloud Tech	5:19.22
1:18.346 (1:18.346)		2:37.731 (1:19.386)	5:19.218 (2:41.487)
3 Adele Changamire	7	Becker	5:29.99
1:18.578 (1:18.578)		2:39.903 (1:21.326)	4:06.271 (1:26.368)
5:29.989 (1:23.718)			
4 Anniston Rolf	7	St. Francis	5:34.33
1:18.654 (1:18.654)		2:43.122 (1:24.468)	5:34.329 (2:51.207)
5 Adalynn Biegler	8	Monticello	5:35.53
1:20.495 (1:20.495)		2:46.026 (1:25.531)	4:14.519 (1:28.494)
5:35.523 (1:21.004)			
6 Julia Daubner	12	Princeton	5:38.28
1:19.926 (1:19.926)		2:45.643 (1:25.718)	4:14.487 (1:28.844)
5:38.277 (1:23.790)			
7 Katrina Hellman	11	Monticello	5:48.00
1:20.386 (1:20.386)		2:46.047 (1:25.662)	4:17.101 (1:31.054)
5:47.999 (1:30.899)			
8 Ava Meyer	8	Spectrum	5:49.65
1:22.811 (1:22.811)		2:52.878 (1:30.067)	4:25.611 (1:32.734)
5:49.641 (1:24.030)			
9 Olivia Babler	11	Becker	5:49.99
1:23.261 (1:23.261)		2:52.673 (1:29.412)	4:26.346 (1:33.674)
5:49.983 (1:23.638)			
10 Isabella Frantesl	8	St. Cloud Tech	5:56.47
2:54.593 (2:54.593)		2:54.594 (0:002)	4:25.938 (1:31.344)
5:56.463 (1:30.526)			
11 Brooklyn Karel	12	Becker	6:00.61
1:23.202 (1:23.202)		2:52.573 (1:29.371)	4:29.965 (1:37.392)
6:00.605 (1:30.640)			
12 Mia Opsahl	8	Zimmerman	6:13.07
1:22.179 (1:22.179)		2:50.882 (1:28.703)	4:28.285 (1:37.403)
6:13.065 (1:44.780)			
13 Meisha Person	10	Spectrum	6:15.84
1:27.547 (1:27.547)		3:04.772 (1:37.226)	4:46.589 (1:41.818)
6:15.835 (1:29.246)			
14 Bella Sahlstrom	10	Milaca	6:18.08
1:26.121 (1:26.121)		3:01.463 (1:35.343)	4:43.523 (1:42.060)
6:18.077 (1:34.554)			
15 Elka Sowada	9	Sauk Rapids-Rice	6:19.39
1:26.597 (1:26.597)		3:04.663 (1:38.066)	4:46.613 (1:41.951)
6:19.387 (1:32.774)			
16 Amelia Reker	9	Sauk Rapids-Rice	6:19.94
1:21.703 (1:21.703)		2:51.998 (1:30.295)	4:35.335 (1:43.338)
6:19.934 (1:44.599)			

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Finals ... (Event 208 Girls 1600 Meter Run)			
Name	Yr	School	Finals
17 Elizabeth Daubner	10	Princeton	6:20.08 1:26.647 (1:26.647) 3:04.835 (1:38.188) 4:46.655 (1:41.820) 6:20.075 (1:33.420)
18 Naomi Braski	9	St. Francis	6:26.34 1:31.259 (1:31.259) 3:10.367 (1:39.108) 4:53.055 (1:42.688) 6:26.333 (1:33.279)
19 Addison Dahler	9	Foley	6:27.11 1:25.547 (1:25.547) 3:00.785 (1:35.238) 4:46.099 (1:45.315) 6:27.102 (1:41.003)
20 Jailyn Kiser	9	St. Francis	6:28.80 1:30.109 (1:30.109) 3:07.988 (1:37.879) 4:49.304 (1:41.316) 6:28.799 (1:39.495)
21 Sophie Schlenker	8	Milaca	6:33.08 1:32.548 (1:32.548) 3:11.895 (1:39.347) 4:54.504 (1:42.610) 6:33.077 (1:38.574)
22 Madison Fisher	9	Zimmerman	6:35.67 1:35.644 (1:35.644) 3:15.993 (1:40.350) 4:57.512 (1:41.519) 6:35.664 (1:38.152)
23 Brianna Stanina	10	Zimmerman	6:42.88 1:35.629 (1:35.629) 3:15.937 (1:40.308) 4:59.003 (1:43.066) 6:42.877 (1:43.875)
24 Shaina Christensen	12	Milaca	6:54.81 1:36.340 (1:36.340) 3:28.513 (1:52.174) 5:19.877 (1:51.364) 6:54.809 (1:34.932)
25 Sadie Rinowski	7	Spectrum	6:55.24 1:37.417 (1:37.417) 3:26.097 (1:48.680) 5:16.893 (1:50.796) 6:55.231 (1:38.338)
26 Rylie Ostrom	11	Big Lake	6:56.54 1:37.936 (1:37.936) 3:29.063 (1:51.127) 5:20.240 (1:51.178) 6:56.533 (1:36.294)
27 Elsa Wogen	10	Princeton	6:56.92 1:36.365 (1:36.365) 3:24.267 (1:47.902) 5:15.193 (1:50.927) 6:56.917 (1:41.724)
28 Abbey Jurek	11	Foley	7:10.42 1:41.399 (1:41.399) 3:34.275 (1:52.876) 5:28.488 (1:54.214) 7:10.417 (1:41.930)
29 Lillian Sachs	11	Foley	7:12.03 1:38.925 (1:38.925) 3:28.764 (1:49.839) 5:20.889 (1:52.126) 7:12.024 (1:51.135)
--- Aleatha Muniz	9	St. Cloud Tech	SCR

Event 209 Boys 1600 Meter Run

Class A: 4:12.02 ! 2015 Shane Streich

Class AA: 4:06.54 # 2015 Joe Klecker

National: 3:51.83 \$ 2001 Alan Webb

Section 5AA: 4:22.45 @ 6/2/2023 Noah Mahoney

4:23.40 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Noah Mahoney	12	Monticello	4:22.45@QUAL 1:04.434 (1:04.434) 2:12.006 (1:07.572) 3:19.646 (1:07.640) 4:22.443 (1:02.798)

2 Tyson Ricker	12	Becker	4:24.59 1:04.118 (1:04.118) 2:11.655 (1:07.538) 3:19.337 (1:07.682) 4:24.587 (1:05.251)
3 Kade Layton	12	Big Lake	4:35.64 1:06.083 (1:06.083) 2:15.314 (1:09.231) 3:25.167 (1:09.854) 4:35.637 (1:10.470)
4 Parker Spindler	9	Becker	4:38.16 1:10.546 (1:10.546) 2:22.365 (1:11.819) 3:33.638 (1:11.274) 4:38.157 (1:04.519)
5 Tanon Jacobson	12	Big Lake	4:39.30 1:10.285 (1:10.285) 2:21.453 (1:11.168) 3:33.931 (1:12.479) 4:39.295 (1:05.364)
6 Chris Falk	11	Monticello	4:43.81 1:10.483 (1:10.483) 2:22.755 (1:12.272) 3:35.245 (1:12.490) 4:43.801 (1:08.556)
7 Logan Ylinen	7	St. Cloud Apollo	4:46.30 1:10.026 (1:10.026) 2:22.634 (1:12.608) 3:36.334 (1:13.700) 4:46.299 (1:09.966)
8 Joesph Marlette	10	St. Cloud Tech	4:46.33 1:11.091 (1:11.091) 2:22.899 (1:11.808) 3:34.482 (1:11.583) 4:46.327 (1:11.846)
9 Tanner Felton	9	Becker	4:48.75 1:12.141 (1:12.141) 2:26.917 (1:14.776) 3:42.534 (1:15.618) 4:48.750 (1:06.216)
10 Preston Holewa	9	Foley	4:50.61 1:07.561 (1:07.561) 2:22.916 (1:15.355) 3:40.025 (1:17.110) 4:50.610 (1:10.586)
11 Ezra Brouwer	12	Monticello	4:50.83 1:08.280 (1:08.280) 2:22.608 (1:14.328) 3:39.837 (1:17.230) 4:50.825 (1:10.988)
12 David Guyse	11	Big Lake	4:51.39 1:11.511 (1:11.511) 2:24.674 (1:13.163) 3:38.089 (1:13.415) 4:51.386 (1:13.298)
13 Gavin Kivisto	12	Princeton	4:52.44 1:11.309 (1:11.309) 2:24.427 (1:13.119) 3:38.839 (1:14.412) 4:52.434 (1:13.595)
14 Noah Mix	10	Foley	4:53.85 1:09.406 (1:09.406) 2:23.994 (1:14.588) 3:43.329 (1:19.335) 4:53.844 (1:10.515)
15 Amado Sandoval	11	St. Cloud Tech	4:55.23 1:08.341 (1:08.341) 2:22.638 (1:14.298) 3:39.565 (1:16.927) 4:55.229 (1:15.664)
16 Sean Pickle	12	St. Cloud Tech	4:55.70 1:12.887 (1:12.887) 2:26.410 (1:13.523) 3:41.785 (1:15.375) 4:55.699 (1:13.915)
17 Ryan Guntzel	9	Spectrum	4:55.93 1:11.078 (1:11.078) 2:25.686 (1:14.608) 3:43.041 (1:17.355) 4:55.922 (1:12.882)
18 Rollie Steinbrecher	10	Milaca	4:58.99 1:08.929 (1:08.929) 2:23.940 (1:15.011) 3:42.700 (1:18.760) 4:58.990 (1:16.291)
19 Rander Draheim	9	Princeton	5:00.93 1:09.581 (1:09.581) 2:25.324 (1:15.743) 3:43.721 (1:18.398) 5:00.930 (1:17.210)

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Name	Yr	School	Finals
20 Alex TenHaken	8	Milaca	5:01.83
1:10.274 (1:10.274)	2:27.053 (1:16.779)	3:49.105 (1:22.052)	
5:01.821 (1:12.716)			
21 Grant Anderson	8	Foley	5:03.11
1:08.668 (1:08.668)	2:26.728 (1:18.060)	3:49.404 (1:22.676)	
5:03.101 (1:13.698)			
22 Kieran Hixson	12	Sauk Rapids-Rice	5:05.48
1:09.472 (1:09.472)	2:27.262 (1:17.791)	3:48.901 (1:21.639)	
5:05.478 (1:16.578)			
23 Jaden Nemeth	12	Spectrum	5:06.04
1:11.381 (1:11.381)	2:27.126 (1:15.746)	3:46.778 (1:19.652)	
5:06.039 (1:19.262)			
24 Micah Miller	10	St. Francis	5:06.82
1:09.773 (1:09.773)	2:27.622 (1:17.850)	3:48.833 (1:21.211)	
5:06.812 (1:17.979)			
25 Alex Ostendorf	11	Sauk Rapids-Rice	5:08.05
1:09.153 (1:09.153)	2:26.518 (1:17.366)	3:48.646 (1:22.128)	
5:08.047 (1:19.402)			
26 James Kohl	12	Princeton	5:08.33
1:14.694 (1:14.694)	2:31.593 (1:16.899)	3:51.596 (1:20.003)	
5:08.322 (1:16.727)			
27 Cooper Smith	10	St. Francis	5:09.63
1:10.668 (1:10.668)	2:28.434 (1:17.767)	3:49.602 (1:21.168)	
5:09.629 (1:20.027)			
28 Marco Gordon	10	St. Cloud Apollo	5:10.96
1:10.866 (1:10.866)	2:25.075 (1:14.210)	3:47.071 (1:21.996)	
5:10.958 (1:23.887)			
29 Brady Johnson	9	Spectrum	5:18.07
1:13.889 (1:13.889)	2:34.450 (1:20.562)	3:56.865 (1:22.415)	
5:18.066 (1:21.202)			
30 Christian Ditto	12	Sauk Rapids-Rice	5:24.38
1:15.854 (1:15.854)	2:41.524 (1:25.670)	4:06.693 (1:25.170)	
5:24.374 (1:17.682)			
31 Alex Lietha	12	Zimmerman	5:35.33
1:17.029 (1:17.029)	2:43.278 (1:26.250)	4:13.881 (1:30.603)	
5:35.321 (1:21.440)			
32 Ashton Rolf	9	St. Francis	5:36.52
1:15.334 (1:15.334)	2:40.930 (1:25.596)	4:11.292 (1:30.362)	
5:36.513 (1:25.222)			
33 Jack Bouley	9	Zimmerman	5:44.52
1:14.550 (1:14.550)	2:39.293 (1:24.743)	4:10.716 (1:31.423)	
5:44.512 (1:33.796)			
34 Thomas Leom	11	Milaca	5:48.05
1:14.890 (1:14.890)	2:46.998 (1:32.108)	4:22.749 (1:35.751)	
5:48.049 (1:25.300)			
--- Luke Westphal	12	Zimmerman	DNS

Event 212 Girls 100 Meter Hurdles

Class A: 14.80 ! 1996 Kara Hedin
Class AA: 13.94 # 2016 Karina Joiner
National: 12.84 \$ 2016 Tia Jones
Section 5AA: 15.47 @ 6/2/2023 Hope Guertin
15.38 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Hope Guertin	11	Monticello	15.47@0.2
2 Lillian Koenig	10	Princeton	16.47 -0.2
3 Delia Gustofson	11	Sauk Rapids-Rice	17.10 -0.2
4 Abbigale Paulson	10	St. Francis	17.48 -0.2
5 Lauren Woelfel	11	Becker	17.52 -0.2
6 Hadley Schultz	10	Monticello	17.64 -0.2
7 Nicole Schaefer	12	Foley	18.14 -0.2
8 Ruby Gustofson	9	Sauk Rapids-Rice	23.21 -0.2

Event 213 Boys 110 Meter Hurdles

Class A: 13.92 ! 2015 Jon Tollefson
Class AA: 13.88 # 2012 Rilwan Alowanle
National: 13.08 \$ 2009 Wayne Davis
Section 5AA: 15.41 @ 6/2/2023 Owen Angell
15.29 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Owen Angell	10	Becker	15.41@0.4
2 Noah Weekes	11	St. Cloud Apollo	16.26 -0.4
3 Wyatt Tschida	12	Zimmerman	16.36 -0.4
4 Devon Bragg	11	Princeton	16.38 -0.4
5 Jimmy Paulson	11	Spectrum	16.74 -0.4
6 Mitch Thell	12	Foley	16.82 -0.4
7 Blain Sternquist	11	Princeton	17.04 -0.4
8 Martavius Guertin	10	Monticello	17.16 -0.4

Event 214 Girls 300 Meter Hurdles

Class A: 42.62 ! 1987 Liesa Brateng
Class AA: 41.35 # 2016 Maleah Biermaier
National: 39.98 \$ 2001 Lashinda Demus
Section 5AA: 46.15 @ 6/2/2023 Hope Guertin
45.47 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Hope Guertin	11	Monticello	46.15@
2 Abbigale Paulson	10	St. Francis	46.72
3 Nicole Schaefer	12	Foley	47.70
4 Audrianna Gohman	10	Monticello	49.65
5 Madeline Adkisson	10	Foley	50.17
6 Lillian Koenig	10	Princeton	50.34
7 Natasha Albrecht	9	Milaca	50.68
8 Raelee Lyon	9	Becker	51.21

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Event 215 Boys 300 Meter Hurdles

Class A: 37.39 ! 1999 Mitch Potter
Class AA: 36.59 # 2012 RJ Alowonle
National: 35.02 \$ 2009 Reggie Wyatt
Section 5AA: 40.79 @ 6/2/2023 Owen Angell
 38.79 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Owen Angell	10	Becker	40.79@
2 DJ Hausmann	9	Monticello	41.96
3 Mitch Thell	12	Foley	42.40
4 Ryan Richardson	11	Monticello	42.68
5 Preston Senne	12	Princeton	42.88
6 Wyatt Tschida	12	Zimmerman	42.97
7 Micah Miller	10	St. Francis	45.40
--- Garret Broman	10	Sauk Rapids-Rice	DQ

Event 216 Girls 4x100 Meter Relay

Class A: 48.18 ! 2018 Minneapolis Edison
 L.Senephanh, J. Lewis, C. Rush, J. Lewis
Class AA: 47.28 # 2016 St. Michael-Albertville
 A. Keefer, C. Witherspoon, K. Tschida, W. Perry
National: 44.50 \$ 2004 Poly HS
 S. Solomon, J. Lee, C. Picott, S. Solomon
Section 5AA: 50.28 @ 6/2/2023 Foley
 L Dohrmann, L Graham, A Beier, P Osborne
 49.92 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 Foley		50.28@
1) Laura Dohrmann 11	2) Lydia Graham 9	
3) Addison Beier 9	4) Piper Osborne 12	
2 Milaca		51.07
1) Reina Mikla 12	2) Esther Evans 10	
3) Samantha Meyer 11	4) Taylar Bockoven 9	
3 Monticello		51.45
1) Audrianna Gohman 10	2) Kacie Lilledahl 10	
3) Lauren Hansen 9	4) Lily Manning 12	
4 Becker		51.62
1) Raelee Lyon 9	2) Kylee Morton 11	
3) Leon Morris 10	4) Salayna Allen 8	
5 Spectrum		51.96
1) Ava Palmieri 12	2) Alaina Burney 9	
3) Lela Burdick 9	4) Madisen Fritel 11	
6 Sauk Rapids-Rice		52.93
1) Lexi Helmin 12	2) Delia Gustofson 11	
3) Stella Lambaere 9	4) Mackenzie Felchle 12	
7 Zimmerman		53.08
1) Jayden Petersen 8	2) Charlotte Cox 7	
3) Samantha Paulsen 12	4) Marissa Rotz 11	
8 St. Cloud Tech		53.29
1) Paige Groetsch 11	2) Weslie Schuck 9	
3) Aaliyah McKnight 10	4) Raena Volker 11	

9 St. Francis	53.97
1) Amera Stancer 9	2) Kayla Reid 12
3) Leah Steenerson 9	4) Taylor Johnson 10
10 Princeton	54.16
1) Sydney Nelson 9	2) Ella Connors 11
3) Brynne Emmerich 9	4) Keisha Aubrey 12
11 St. Cloud Apollo	54.86
1) Leighton Engel 9	2) Elizabeth Gach 9
3) Apiew Wang 10	4) Raquel Reed 12
12 Big Lake	55.42
1) Ellyanna Ratliff 9	2) Addison Holmen 10
3) Arrianna Wagner 9	4) Raina White 11

Event 217 Boys 4x100 Meter Relay

Class A: 42.79 ! 2019 Jordan
 J. Powell, T. Dietel, B. Sievers, M. Wiley
Class AA: 41.52 # 2015 Eagan
 J. Brown, D. Krech, T. Brown, S.Zenner
National: 39.76 \$ 1998 Watt HS
 M Wesley, M Clopton, M Franklin, D Wesley
Section 5AA: 43.23 @ 6/2/2023 Monticello
 C Callstrom, B Beucler, C Hess, J Geislinger
 43.24 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 Monticello		43.23@QUAL
1) Collin Callstrom 12	2) Bo Beucler 12	
3) Carson Hess 12	4) Jack Geislinger 11	
2 Becker		43.50
1) Carter Reckelberg 10	2) Julius Hendricks 12	
3) Mitchell Soltau 10	4) Logan Eisele 12	
3 Spectrum		43.77
1) Micah Matthews 12	2) Jamison Waknitz 12	
3) Nick Steinfeldt 11	4) Jonathan Greig 12	
4 Big Lake		44.64
1) Wuoson Nehwah 11	2) Kyle Ginther 12	
3) Joe Murphy 12	4) CJ Mikely 10	
5 Sauk Rapids-Rice		45.10
1) My kha Phan 9	2) Callen Kieke 11	
3) Owen Symanietz 10	4) Deagan Gondeck 10	
6 St. Cloud Apollo		46.90
1) Jesse Lloyd 10	2) Jeandiel Rosario Costas 10	
3) Abdikafi Salad 10	4) Enmary Kitue 10	
7 St. Cloud Tech		47.01
1) Lukas Terwey 10	2) Amarr Boyongo 11	
3) Batuo Teboh 10	4) Damarius Fletcher 11	
8 St. Francis		47.40
1) Justin Feigum 10	2) Brayden Terris 12	
3) Adam Jordan 9	4) Michael Dwyer 10	
9 Milaca		47.81
1) Dutch Kuperus 11	2) Trace Hasz 12	
3) Ayden Totzke 9	4) Trent Pratkan 12	
10 Zimmerman		51.35
1) Torren Johnson 10	2) Finley Roman 9	
3) Nolan Wegner 9	4) Mason Golla 9	

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Team	Relay	Finals
---	Princeton	DQ
1)	Dillon Taylor 12	2) Nolan Kraker 9
3)	Owen Brackenbury 9	4) Jermaine Vickstrom 12

Event 218 Girls 4x200 Meter Relay

Team	Relay	Finals
Class A: 1:43.62 ! 1985 Blue Earth		
Ste Johnson, Sta Johnson, T Lewis, Sh Johnson		
Class AA: 1:39.20 # 2017 North		
A. Pratt, S.Jones, J.Cooke, J Cager		
National: 1:33.43 \$ 2014 Aquinas High School		
Sparling, Spaulding, Jean-Baptiste, Ellis		
Section 5AA: 1:43.44 @ 6/2/2023 Monticello		
S Steinbach, K Lilledahl, K Skistad, E Skistad		
1:44.86 QUAL State Qualifier		

Team	Relay	Finals
1	Monticello	1:43.44@QUAL
1)	Sasha Steinbach 11	2) Kacie Lilledahl 10
3)	Kaela Skistad 10	4) Emelia Skistad 11
2	Foley	1:46.43
1)	Piper Osborne 12	2) Lydia Graham 9
3)	Olivia Sauer 9	4) Addison Beier 9
3	Becker	1:48.91
1)	Hannah Dierkes 10	2) Dani Nuest 12
3)	Abby Atwood 10	4) Kailey Thompson 10
4	St. Cloud Tech	1:52.69
1)	Payton Marshall 11	2) Weslie Schuck 9
3)	Miracle Jensen 9	4) Raena Volker 11
5	Spectrum	1:53.20
1)	Ashley Kollie 10	2) Alaina Burney 9
3)	Madisen Fritel 11	4) Sydney Taylor 10
6	Milaca	1:53.67
1)	Jada Martindale 9	2) Frannie Freese 11
3)	Daija Schwartz 9	4) Adyson Arens 8
7	St. Francis	1:53.91
1)	Leah Steenerson 9	2) Alexis Natzel 11
3)	Madison Hall 10	4) Amera Stancer 9
8	Big Lake	1:54.91
1)	Addison Holmen 10	2) Alivia Voss 9
3)	Grace McCrone 12	4) Ava Eastman 10
9	Sauk Rapids-Rice	1:55.26
1)	Lexi Helmin 12	2) Isabelle Haddy 12
3)	Annika Broman 12	4) Mackenzie Felchle 12
10	St. Cloud Apollo	2:00.77
1)	Sabonti Hussein 9	2) Elizabeth Gach 9
3)	Achan Wang 10	4) Apiew Wang 10

Event 219 Boys 4x200 Meter Relay

Team	Relay	Finals
Class A: 1:28.93 ! 2004 Hermantown		
D Jago, M Sumbs, N Holt, K Schmidt		
Class AA: 1:25.58 # 2019 Hopkins		
J. Champion, W. Lubarski, S. Leervig, J.Fahnbulleh		
National: 1:23.31 \$ 1998 Wyatt HS		
M Wesley, M Clopton, M Franklin, D Wesley		
Section 5AA: 1:29.98 @ 6/2/2023 Monticello		
C Hess, W Witschen, J Geislinger, B Beucler		
1:30.42 QUAL State Qualifier		

Team	Relay	Finals
1	Monticello	1:29.98@QUAL
1)	Carson Hess 12	2) Wyatt Witschen 12
3)	Jack Geislinger 11	4) Bo Beucler 12
2	St. Francis	1:30.12 QUAL
1)	Jacob Tilly 10	2) Philip Conant 12
3)	Wes Johnson 12	4) Brady Johnson 12
3	Becker	1:30.70
1)	Carter Reckelberg 10	2) Julius Hendricks 12
3)	Mitchell Soltau 10	4) Logan Eisele 12
4	Big Lake	1:33.77
1)	Wuonon Nehwah 11	2) Kyle Ginther 12
3)	Ben Sellner 12	4) CJ Mikely 10
5	Sauk Rapids-Rice	1:36.08
1)	Shaun Walrath 11	2) Deagan Gondeck 10
3)	Callen Kieke 11	4) Owen Symanietz 10
6	Zimmerman	1:36.17
1)	Cole Gibeau 12	2) Joel Bouley 12
3)	Tyler Wick 12	4) Hunter Fiedler 11
7	Princeton	1:37.77
1)	Devon Bragg 11	2) Isaac Nelson 12
3)	Dillon Taylor 12	4) Carter Pemberton 12
8	St. Cloud Tech	1:39.04
1)	Angelito Bellanger 9	2) Isaac Guarin 10
3)	Alexander Heinks 11	4) Devin Wipper 11
9	Milaca	1:39.63
1)	Ayden Totzke 9	2) Harrison Hultman 10
3)	Trace Hasz 12	4) Jack Patnode 10
---	Spectrum	DQ
1)	Micah Matthews 12	2) Nick Steinfeldt 11
3)	Carter Thein 12	4) Jonathan Greig 12
---	St. Cloud Apollo	DQ
1)	Logan Vasek 11	2) Jesse Lloyd 10
3)	Abdikafi Salad 10	4) Harvey Lahti 11

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Event 220 Girls 4x400 Meter Relay

Class A: 3:56.98 ! 2001 Roseau
B Lisell, S Olson, H Evans, A Anderson
Class AA: 3:50.12 # 2015 Lakeville South
H. Lubow, K. Larson, C. Slattery, J. Mosser
National: 3:35.49 \$ 2004 Poly HS
S. Woods, S. Harris, J. Lee, S. Solomon
Section 5AA: 4:06.93 @ 6/3/2022 Spectrum
4:03.41 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 Monticello		4:08.32
1) Hope Guertin 11	2) Adrienne Hansen 11	
3) Anabella Witschen 12	4) Sophia Haase 12	
1:02.239 (1:02.239)	2:07.005 (1:04.767)	3:08.667 (1:01.662)
4:08.316 (59.650)		
2 Foley		4:13.36
1) Sage Greenwaldt 9	2) Kylie Storkamp 8	
3) Olivia Sauer 9	4) Addison Beier 9	
1:04.483 (1:04.483)	2:09.479 (1:04.996)	3:09.596 (1:00.118)
4:13.352 (1:03.756)		
3 Spectrum		4:14.80
1) Molly Novotny 12	2) Grace Beck 12	
3) Hannah Boese 9	4) Hope Beck 9	
1:03.067 (1:03.067)	2:09.659 (1:06.592)	3:12.836 (1:03.178)
4:14.799 (1:01.963)		
4 Becker		4:19.59
1) Josie Reckelberg 7	2) Dani Nuest 12	
3) Katelyn Brower 9	4) Alea Briggs 11	
1:03.089 (1:03.089)	2:11.005 (1:07.916)	3:13.733 (1:02.728)
4:19.584 (1:05.851)		
5 St. Francis		4:22.97
1) Madison Hall 10	2) Alexis Natzel 11	
3) Macy Hass 10	4) Ashlynn Mold 8	
1:01.844 (1:01.844)	2:10.169 (1:08.326)	3:17.855 (1:07.686)
4:22.969 (1:05.115)		
6 St. Cloud Tech		4:28.91
1) Stella Rusch 11	2) Iris Rodriguez 10	
3) Raena Volker 11	4) Isabella Frantesl 8	
1:01.321 (1:01.321)	2:14.475 (1:13.154)	3:19.969 (1:05.495)
4:28.901 (1:08.932)		
7 Sauk Rapids-Rice		4:31.84
1) Delia Gustofson 11	2) Sienna Petermeier 11	
3) Emma Hardy 10	4) Mackenzie Felchle 12	
1:07.635 (1:07.635)	1:07.663 (0.028)	2:17.091 (1:09.428)
3:25.657 (1:08.566)		
8 Milaca		4:32.78
1) Jada Martindale 9	2) Esther Evans 10	
3) Natasha Albrecht 9	4) Reina Mikla 12	
1:06.419 (1:06.419)	2:07.264 (1:00.846)	2:16.404 (9.140)
4:32.773 (2:16.370)		

9 Princeton		4:34.84
1) Lillian Koenig 10	2) Madeline Hallberg 12	
3) Sydney Nelson 9	4) Julia Daubner 12	
1:07.517 (1:07.517)	1:07.531 (0.015)	2:17.127 (1:09.596)
3:25.881 (1:08.754)		
10 St. Cloud Apollo		4:38.19
1) Sabonti Hussein 9	2) Lilly Dickinson 10	
3) Apiew Wang 10	4) Zili Lenzner 8	
1:12.142 (1:12.142)	1:12.143 (0.002)	2:21.035 (1:08.892)
4:38.182 (2:17.147)		
11 Zimmerman		4:42.72
1) Emily Baker 11	2) Jordyn Berwald 10	
3) Madison Fisher 9	4) Claire Swanson 9	
1:08.339 (1:08.339)	2:18.009 (1:09.671)	3:35.307 (1:17.298)
4:42.716 (1:07.410)		

Event 221 Boys 4x400 Meter Relay

Class A: 3:20.64 ! 1999 St. Michael-Albertville
B Beaudre, S Glaeser, M Robeck, M Potter
Class AA: 3:16.69 # 2011 Stillwater
Day, Ricci, Davis, Goff
National: 3:07.40 \$ 1985 Hawthorne HS
M Graham, M Marsh, S Kelly, H Thomas
Section 5AA: 3:28.72 @ 6/2/2023 Monticello
C Hess, J Geislinger, P Fasen, W Witschen
3:27.99 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 Monticello		3:28.72@
1) Carson Hess 12	2) Jack Geislinger 11	
3) Paul Fasen 11	4) Wyatt Witschen 12	
51.984 (51.984)	1:45.167 (53.183)	2:37.197 (52.031)
3:28.711 (51.514)		
2 Princeton		3:29.68
1) Nathan Meixell 12	2) Payton Dokken 12	
3) Adam Schreder 12	4) Jonah Hviding 12	
52.140 (52.140)	1:46.081 (53.942)	2:38.643 (52.562)
3:29.677 (51.035)		
3 Spectrum		3:32.19
1) Carter Thein 12	2) Nick Steinfeldt 11	
3) Domanic Dick 12	4) Jonathan Greig 12	
51.651 (51.651)	1:46.040 (54.390)	2:38.964 (52.924)
3:32.183 (53.219)		
4 Zimmerman		3:35.19
1) Cole Gibeau 12	2) Tyler Wick 12	
3) Joel Bouley 12	4) Caden Spence 12	
53.327 (53.327)	1:48.963 (55.636)	2:42.705 (53.743)
3:35.184 (52.479)		
5 Sauk Rapids-Rice		3:35.40
1) Luke Loidolt 10	2) Nathan Martin 12	
3) Mason Foss 11	4) Garret Broman 10	
54.105 (54.105)	1:47.473 (53.368)	2:43.044 (55.571)
3:35.391 (52.347)		

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Finals ... (Event 221 Boys 4x400 Meter Relay)		
Team	Relay	Finals
6 St. Cloud Tech		3:36.96
1) Teagan Gazdzik 11	2) Bjorn Mattick 11	
3) Caleb Martz 10	4) Arik Nikolas 12	
54.825 (54.825)	1:49.192 (54.367)	2:44.015 (54.823)
3:36.955 (52.940)		
7 St. Francis		3:41.65
1) Wyatt Lind 10	2) Elek Torok 11	
3) Nathan Haukos 10	4) Isaac Zylka 12	
52.798 (52.798)	1:49.746 (56.948)	2:45.698 (55.952)
3:41.645 (55.947)		
8 St. Cloud Apollo		3:41.98
1) Anthony Hoagland 10	2) Bangaly Kaba 12	
3) Yoseb Brewer 12	4) Nicholas Clark 11	
56.142 (56.142)	1:50.841 (54.699)	2:45.770 (54.930)
3:41.977 (56.207)		
9 Becker		3:48.17
1) Tanner Felton 9	2) Evan Hubbard 9	
3) Tyson Ricker 12	4) Parker Spindler 9	
58.431 (58.431)	1:57.303 (58.872)	2:54.891 (57.588)
3:48.168 (53.278)		
10 Milaca		3:48.26
1) William Lange 9	2) Jack Patnode 10	
3) Rollie Steinbrecher 10	4) Dylan Greninger 12	
54.961 (54.961)	1:54.165 (59.204)	2:51.007 (56.843)
3:48.258 (57.251)		
11 Foley		3:48.37
1) Chase David 10	2) Gavin Kadlec 11	
3) Noah Mix 10	4) Evan Morris 11	
53.816 (53.816)	1:49.403 (55.587)	2:48.972 (59.570)
3:48.361 (59.390)		
12 Big Lake		3:51.21
1) Josh Kennedy 11	2) Abe Nebo 9	
3) Jerry Vazquez 9	4) Hser Kaw 9	
55.586 (55.586)	1:55.301 (59.715)	2:57.209 (1:01.908)
3:51.203 (53.995)		

Event 222 Girls 4x800 Meter Relay
Class A: 9:21.36 ! 2011 Dover-Eyota/St. Charles
Blattner, Ratz, Gathje, Buntrock
Class AA: 8:59.69 # 2016 Edina
T.Sweeney, M. Rickman, A. Mosborg, E. Kompelien
National: 8:43.12 \$ 2008 Roosevelt HS
D Lockhart, A Johnson, B Ogunomokun, T Stanley
Section 5AA: 9:42.03 @ 6/2/2023 Spectrum
M Novotny, G Beck, H Boese, H Beck
9:33.36 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 Spectrum		9:42.03@
1) Molly Novotny 12	2) Grace Beck 12	
3) Hannah Boese 9	4) Hope Beck 9	
2:27.777 (2:27.777)	4:57.775 (2:29.999)	7:20.538 (2:22.763)
9:42.030 (2:21.492)		

2 Becker		9:52.34
1) Dani Nuest 12	2) Alea Briggs 11	
3) Brooklyn Karel 12	4) Adele Changamire 7	
2:33.103 (2:33.103)	5:02.169 (2:29.066)	7:29.649 (2:27.480)
9:52.338 (2:22.690)		
3 Zimmerman		9:57.93
1) Emily Baker 11	2) Lindsay Peters 10	
3) Claire Swanson 9	4) Hailee Zimpel 12	
2:28.298 (2:28.298)	4:59.959 (2:31.662)	7:37.269 (2:37.310)
9:57.927 (2:20.659)		
4 Monticello		10:10.31
1) Anabella Witschen 12	2) Adalynn Biegler 8	
3) Shalyn Adams 11	4) Sophia Haase 12	
2:32.102 (2:32.102)	5:06.501 (2:34.399)	7:36.581 (2:30.080)
10:10.302 (2:33.722)		
5 Foley		10:26.86
1) Britteny Kroska 8	2) Mya Zawacki 11	
3) Lydia Anderson 8	4) Kylie Storkamp 8	
2:36.179 (2:36.179)	5:21.791 (2:45.612)	7:53.951 (2:32.160)
10:26.855 (2:32.904)		
6 St. Francis		10:37.09
1) Ashlynn Mold 8	2) Macy Hass 10	
3) Alissa Aanenson 11	4) Amber Lawrence 11	
2:33.141 (2:33.141)	5:23.310 (2:50.170)	8:02.286 (2:38.976)
10:37.087 (2:34.802)		
7 Sauk Rapids-Rice		10:48.91
1) Faith Bogle 8	2) Sienna Petermeier 11	
3) Claire Rogholt 9	4) Ally Lucas 9	
2:38.305 (2:38.305)	5:16.693 (2:38.388)	7:54.817 (2:38.124)
10:48.903 (2:54.087)		
8 St. Cloud Apollo		10:57.90
1) Lilly Dickinson 10	2) Elizabeth Fisk 9	
3) Cecilia McNair 12	4) Zili Lenzner 8	
2:34.187 (2:34.187)	5:31.166 (2:56.979)	8:22.434 (2:51.268)
10:57.893 (2:35.459)		
9 Milaca		11:12.70
1) Madison Gothmann 9	2) Annabelle Gothmann 7	
3) Shaina Christensen 12	4) Brittany Carlson 10	
2:44.710 (2:44.710)	5:43.723 (2:59.014)	8:28.473 (2:44.750)
11:12.699 (2:44.227)		

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Event 223 Boys 4x800 Meter Relay
Class A: 7:56.21 ! 2007 Pine Island
D. Meints, M. Hussein, M. Lambeth, J. Gabor
Class AA: 7:44.56 # 2016 Hopkins
H. Staack, S. Branson, J. Henschel, S. Eliason
National: 7:28.75 \$ 2011 Poly, Long Beach, California
Hall, Harris, Andrews, Penn
Section 5AA: 8:04.89 @ 6/3/2022 Big Lake
O Layton, J Leuer, K Layton, C Noble
8:05.39 QUAL State Qualifier

Team	Relay	Finals
Finals		
1 Big Lake		8:09.74
1) Owen Layton 11	2) Kade Layton 12	
3) Spencer Vold 12	4) Jack Leuer 10	
2:01.381 (2:01.381)	4:07.069 (2:05.688)	6:11.041 (2:03.972)
8:09.739 (1:58.698)		
2 Monticello		8:12.05
1) Paul Fasen 11	2) Ayden Smith 11	
3) Rocco Vasoli 12	4) Ty Brouwer 11	
2:05.644 (2:05.644)	4:11.237 (2:05.594)	6:14.621 (2:03.384)
8:12.044 (1:57.423)		
3 Princeton		8:16.15
1) Adam Schreder 12	2) Payton Dokken 12	
3) Conner Quigley 11	4) Nathan Meixell 12	
2:06.065 (2:06.065)	4:12.473 (2:06.408)	6:16.452 (2:03.979)
8:16.148 (1:59.696)		
4 Becker		8:41.52
1) Alex Kinney 10	2) Caleb Reckelberg 12	
3) Evan Hubbard 9	4) Tanner Felton 9	
2:10.913 (2:10.913)	4:21.795 (2:10.882)	6:36.848 (2:15.054)
8:41.513 (2:04.666)		
5 Sauk Rapids-Rice		8:43.90
1) Alex Ostendorf 11	2) Collin Wiebe 11	
3) Kieran Hixson 12	4) Nathan Martin 12	
2:15.713 (2:15.713)	4:31.329 (2:15.616)	6:37.931 (2:06.602)
8:43.892 (2:05.962)		
6 St. Francis		9:03.13
1) Nolan Bofenkamp 10	2) Nathan Haukos 10	
3) Micah Miller 10	4) Cooper Smith 10	
2:13.137 (2:13.137)	4:29.761 (2:16.624)	6:47.319 (2:17.558)
9:03.123 (2:15.804)		
7 Milaca		9:12.64
1) William Lange 9	2) Ethan Asher 10	
3) Rollie Steinbrecher 10	4) Dylan Greninger 12	
2:18.932 (2:18.932)	4:39.367 (2:20.435)	7:00.859 (2:21.492)
9:12.636 (2:11.778)		
8 Spectrum		9:15.20
1) Aden Khamdamov 11	2) Ethan Edgar 10	
3) Jonathan Vick 10	4) Xander Topel 10	
2:13.815 (2:13.815)	4:40.492 (2:26.678)	7:05.405 (2:24.914)
9:15.199 (2:09.794)		

9 Zimmerman	9:33.92
1) Jameson Cox 8	2) Andrew Rindels 8
3) Alexander Rindels 11	4) Jack Bouley 9
2:21.527 (2:21.527)	4:44.016 (2:22.490)
7:13.313 (2:29.298)	
9:33.917 (2:20.604)	
10 St. Cloud Tech	9:51.33
1) Jackson Meemken 10	2) Lucas Couzens 8
3) Marcus Wade 9	4) Samuel Butkowski 11
2:26.288 (2:26.288)	4:57.181 (2:30.894)
7:21.869 (2:24.688)	
9:51.323 (2:29.454)	

Event 225 Boys High Jump
Class A: 6-10 ! 1981 K. Larson/ Y.Madar
Class AA: 7-01 # 1973 Rod Raver
National: 7-07 \$ 2002 Andra Manson
Section 5AA: 6-03 @ 6/3/2022 Garrison Murray
6-02.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Carson Kunz	12	Big Lake	6-00.00
2 Jairus Sorensen	12	Spectrum	6-00.00
3 Owen Angell	10	Becker	5-11.00
4 Spencer Ackerman	9	Sauk Rapids-Rice	5-10.00
5 Amarr Boyongo	11	St. Cloud Tech	5-10.00
6 Trace Hasz	12	Milaca	5-08.00
6 Carter Thein	12	Spectrum	5-08.00
8 Wyatt Lind	10	St. Francis	5-08.00
9 Isaac Zylka	12	St. Francis	5-08.00
10 Shaun Walrath	11	Sauk Rapids-Rice	5-06.00
10 Martavius Guertin	10	Monticello	5-06.00
10 Jimmy Paulson	11	Spectrum	5-06.00
10 Jerry Vazquez	9	Big Lake	5-06.00
10 Aaron Keykal	12	Princeton	5-06.00
15 Alvin Bropleh	10	Monticello	5-06.00
15 Jaden Harris	11	St. Cloud Tech	5-06.00
17 Hunter Dvorsak	12	St. Cloud Apollo	5-06.00
--- Henry Paulsen	12	Zimmerman	NH
--- Julius Hendricks	12	Becker	NH
--- Logan Vasek	11	St. Cloud Apollo	NH
--- Amen Odumakin	12	St. Francis	NH
--- Hunter Youngdahl	10	Becker	NH
--- Dillon Taylor	12	Princeton	NH
--- Harrison Hultman	10	Milaca	NH
--- Lane Waurio	9	Milaca	NH
--- Chase Weber	9	Monticello	NH
--- Elijah Johnson	9	St. Cloud Tech	NH
--- Owen Brackenburg	9	Princeton	NH

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Event 226 Girls Pole Vault

Class A: 12-07 ! 2019 Ashley Hokanson

Class AA: 13-09.25 # 2018 Julie Fixsen

National: 14-07.50 \$ 2015 Lexi Weeks

Section 5AA: 11-05 @ 6/2/2023 Lauren Woelfel

10-08.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Lauren Woelfel	11	Becker	11-05.00@QUAL
2 Reina Mikla	12	Milaca	10-02.00
3 Ava Novak	11	Foley	9-08.00
4 Sumalee Jacobson	9	Sauk Rapids-Rice	8-11.00
5 Alexa Anderson	10	Milaca	8-08.00
6 Emily Novak	11	Foley	8-08.00
7 Avayah McMillen	9	Sauk Rapids-Rice	8-08.00
8 Mackenzie Fiedler	11	St. Francis	8-02.00
9 Kayla Reid	12	St. Francis	8-02.00
10 Lauren Swanson	11	Zimmerman	7-08.00
11 Savanna Lanz	12	St. Francis	7-08.00
12 Alayna Boe	10	Big Lake	7-08.00
13 Ann Sobania	10	Foley	7-08.00
14 Madeline Kocherer	10	Monticello	7-02.00
14 Brynn Scheer	9	Big Lake	7-02.00
--- Danica Orth	9	Spectrum	NH
--- Jacklynn Adams	9	St. Cloud Tech	NH
--- Meisha Person	10	Spectrum	NH
--- Ava Poseley	9	Zimmerman	NH
--- Alaina Forland	9	Zimmerman	NH
--- Shannon Carlson	11	Princeton	NH
--- Taylar Bockoven	9	Milaca	NH
--- Laila Cook	9	Becker	NH
--- Naomi Huizenga	9	Big Lake	NH
--- Laura Kohl	9	Princeton	NH
--- Kay McConaughay	10	Princeton	NH
--- Samantha Brown	12	Monticello	NH
--- Eleanor Cummings	12	Monticello	NH

Event 229 Boys Long Jump

Class A: 23-10.25 ! 1982 John Bodine

Class AA: 24-09.25 # 1982 Von Shepard

National: 26-10 \$ 2009 Marquis Goodwin

Section 5AA: 21-05.25 @ 6/3/2022 Max Reis

21-06.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Carter Reckelberg	10	Becker	23-02.75 QUAL
2 Arik Nikolas	12	St. Cloud Tech	21-10.25 QUAL
3 Julius Hendricks	12	Becker	21-02.00 0.9
4 Aaron Keykal	12	Princeton	21-00.75 1.6
5 Kyle Ginther	12	Big Lake	20-03.75 1.1
6 Jacob Tilly	10	St. Francis	20-02.00 0.9
7 Jack Geislinger	11	Monticello	20-00.75 2.4
8 Owen Symanietz	10	Sauk Rapids-Rice	20-00.50 1.5
9 Brady Johnson	12	St. Francis	19-11.50 1.3

10 Tyler Hoheisel	12	Monticello	19-08.75 1.8
11 Abe Nebo	9	Big Lake	19-06.25 1.7
12 Collin Callstrom	12	Monticello	19-06.00 NWI
13 CJ Mikely	10	Big Lake	19-03.50 2.0
14 Mitchell Soltau	10	Becker	19-02.25 3.5
15 Jeandiel Rosario Costas	10	St. Cloud Apollo	18-10.25 1.8
16 Elijah Miller	9	Spectrum	18-10.00 2.1
17 Jesse Lloyd	10	St. Cloud Apollo	18-07.00 1.2
18 Carter Ronning	11	Princeton	18-05.50 1.4
19 Owen Brackenburg	9	Princeton	18-04.25 2.6
20 Isaac Juetten	12	Sauk Rapids-Rice	18-02.00 1.4
21 Andrew Funt	10	Foley	18-01.00 1.6
22 Anthony Camara	10	Sauk Rapids-Rice	18-01.00 1.9
23 Wyatt Tschida	12	Zimmerman	18-00.50 1.4
24 Batuo Teboh	10	St. Cloud Tech	18-00.00 NWI
25 Adam Jordan	9	St. Francis	17-09.50 1.5
26 Henry Paulsen	12	Zimmerman	17-03.75 2.1
27 Ayden Totzke	9	Milaca	17-03.75 1.4
28 Damarius Fletcher	11	St. Cloud Tech	17-00.50 0.8
29 Logan Frette	9	Spectrum	16-08.75 1.3
30 Jakob Buerger	9	Foley	16-06.00 1.9
31 Wyatt Wick	9	Zimmerman	15-11.75 1.1
32 Braydon Weekley	11	St. Cloud Apollo	14-10.00 1.7
33 Aaron Daniels	9	Spectrum	14-05.75 1.5
--- Benjamin Schefers	9	Foley	FOUL
--- Nathan Gleiter	9	Milaca	DNS NWI
--- Corbin Sams	12	Milaca	SCR NWI

Event 230 Girls Triple Jump

Class A: 39-04.50 ! 2011 Analisa Huschle

Class AA: 40-05.50 # 2014 Mia Barron

National: 44-11.75 \$ 2004 Brittany Daniels

Section 5AA: 34-10.50 @ 6/2/2023 Emily Novak

36-09.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Emily Novak	11	Foley	34-10.50@1.8
2 Samantha Paulsen	12	Zimmerman	33-11.00 2.1
3 Lauren Hansen	9	Monticello	33-03.00 1.5
4 Madeline Adkisson	10	Foley	33-01.50 1.0
5 Alisha Grue	9	Monticello	32-08.00 2.1
6 Lauren Woelfel	11	Becker	32-04.00 2.0
7 Sydney Nelson	9	Princeton	32-00.00 0.1
8 Grace Ciarrochi	12	St. Cloud Tech	31-07.50 2.2
9 Kaisa Hogan	11	Zimmerman	31-00.00 4.0
10 Josie Reckelberg	7	Becker	30-06.00 1.8
11 Brittney Lueck	10	Princeton	30-06.00 0.3
12 Naomi Huizenga	9	Big Lake	30-04.50 1.6
13 Abigail Peterson	12	St. Cloud Tech	30-02.75 2.5
14 Kiera Wiley	11	Zimmerman	30-01.00 1.4
15 Madelyn McCallum	12	St. Francis	30-00.50 2.1
16 Ashley Kollie	10	Spectrum	29-10.00 1.5
17 Jezabel Dimaze	11	Spectrum	29-06.50 2.2
18 Liz Thorsten	9	Foley	29-02.75 2.9
19 Hannah Solorz	9	Sauk Rapids-Rice	29-02.50 1.9

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Finals ... (Event 230 Girls Triple Jump)				
Name	Yr	School	Finals	
20	Trinity Verrett	11	Monticello	29-01.50 1.0
21	Alaina Burney	9	Spectrum	28-10.50 0.1
22	Addison Engstrom	11	St. Francis	28-04.00 0.9
23	Alexa Anderson	10	Milaca	28-03.00 0.1
24	Hayley Schwartz	10	St. Cloud Tech	28-02.50 1.8
25	Raina White	11	Big Lake	28-01.00 2.9
26	Lillian Voss	10	Milaca	27-08.25 2.0
27	Ellyanna Ratliff	9	Big Lake	27-05.00 1.0
28	Autumn Miller	12	St. Francis	25-08.25 0.9
---	Abby Anderson	12	Milaca	FOUL

Event 233 Boys Discus Throw
Class A: 192-07 ! 1987 Mike Yonkey
Class AA: 194-06 # 2017 Jake Kubiatowicz
National: 237-06 \$ 2011 Ryan Crouser
Section 5AA: 152-07 @ 6/2/2023 Philip Conant
151-07 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1	Philip Conant	12	St. Francis 152-07.00@QUAL
2	Jack Oker	11	St. Cloud Tech 141-06.00
3	Teagan Duevel	12	Foley 140-08.00
4	Derrick Cox-Payton	12	St. Cloud Tech 140-01.00
5	Evan Peterson	11	St. Francis 136-08.00
6	Gus Staryszak	9	Monticello 131-02.00
7	Aidan Vaale	12	Zimmerman 127-04.50
8	Riley Thompson	12	Big Lake 124-04.00
9	Austin Imholte	11	Monticello 122-01.00
10	Patrick Shobe	11	Monticello 120-05.00
11	Jacob Imdieke	11	St. Cloud Tech 118-02.00
12	Wyatt Schuler	12	Foley 118-01.00
13	Samuel Ruid	10	St. Francis 111-08.00
14	Jack Kiloran	12	Foley 110-07.00
15	Xavier Thurston	10	Sauk Rapids-Rice 110-02.00
16	Cullen Thompson	10	Sauk Rapids-Rice 110-00.00
17	Joel Bouley	12	Zimmerman 109-10.00
18	Diego Maldonado	11	St. Cloud Apollo 106-03.00
19	Johnathan Boecker	10	Becker 104-11.00
20	Micah Matthews	12	Spectrum 101-00.00
21	Alec Kapsner	12	Big Lake 100-03.00
22	Elijah Sorenson	9	Spectrum 100-00.00
23	Jackson Duncan	10	Becker 98-02.00
24	Carson Ash	10	Milaca 95-08.00
25	Logan Ash	12	Milaca 95-06.00
26	Kevin Boeke	10	Princeton 92-00.00
27	Cody Adams	11	St. Cloud Apollo 89-08.00
28	Wyatt Gibson	9	Zimmerman 88-08.00
29	Cade Barringer	10	Becker 88-02.00
30	Pau Valdivieso	11	Princeton 73-03.00
31	Kennan DeBoer	12	Milaca 73-02.00
---	Jose Cortez-Sanchez	12	Big Lake DNS
---	Calvin Bostick	9	St. Cloud Apollo DNS
---	Tom Ringwelski	10	Spectrum DNS

--- Cameron Adams 11 Princeton DNS

Event 234 Girls Shot Put
Class A: 45-05.75 ! 2003 Brianne Carmicheal
Class AA: 54-08.50 # 2013 Maggie Ewen
National: 57-01.25 \$ 2017 Alyssa Wilson
Section 5AA: 37-00 @ 6/3/2022 Graycee Roubinek
37-08.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1	Reese Jorgenson	12	St. Francis 35-06.00
2	Graycee Roubinek	12	Monticello 35-01.50
3	Ella Duevel	11	Foley 34-06.50
4	Brooke Mushatt	11	Sauk Rapids-Rice 34-00.50
5	Lynae Walker	12	Spectrum 33-01.50
6	Jasmin Downer	10	Monticello 32-08.00
7	Madison Michaels	10	St. Francis 32-02.50
8	Samantha Paulsen	12	Zimmerman 31-07.00
9	Olivia Maunu	10	Becker 31-03.50
10	Allison Hart	11	Monticello 30-08.50
11	Ajiah Quach	12	Sauk Rapids-Rice 30-06.50
12	Clara Foss	9	Foley 30-04.00
13	Kaitlyn Kimman	12	Sauk Rapids-Rice 29-04.00
14	Grace Olson	12	Big Lake 29-03.00
15	Madeline Hallberg	12	Princeton 28-10.50
16	Lucille Hanson	11	Spectrum 28-09.50
17	Samantha Adams	12	St. Cloud Apollo 28-08.50
18	Madilyn Schoer	12	St. Francis 28-04.50
19	Addison Greninger	11	Milaca 28-03.00
20	Elaine Truebenbach	12	Milaca 27-11.50
21	Kiera Osborne	11	Foley 27-08.00
22	Paishynce Hudkins	11	Princeton 26-06.50
23	Keira Gulickson	9	Zimmerman 26-05.50
24	Kiley Trembath	11	Spectrum 26-02.50
25	Siarra Smiley	9	St. Cloud Tech 25-06.50
26	Delaney Varney	12	Becker 25-02.50
27	Greta Schwartz	9	Big Lake 25-01.50
28	Abby Klopp	11	Zimmerman 24-07.00
29	Grace McDonald	10	St. Cloud Tech 23-04.00
30	Emma Neely	12	Milaca 22-06.50
31	Hailey Anderson	12	Big Lake 21-09.50
32	Taylor Knadel	9	St. Cloud Apollo 21-00.00
---	Alexcya Cox-Payton	11	St. Cloud Tech FOUL
---	Lucy Heringlake	9	St. Cloud Apollo FOUL

Event 236 Girls 100 Meter Dash Wheelchair Wheelchair
Section 5AA: 31.68 @ 6/1/2022 Tayla Gassman

Name	Yr	School	Finals
Finals			
1	Tayla Gassman	9	Big Lake 35.95 -1.1

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Event 238 Girls 200 Meter Dash Wheelchair Wheelchair

Section 5AA: 1:05.75 @ 6/1/2022 Tayla Gassman

Name	Yr	School	Finals
Finals			
1 Tayla Gassman	9	Big Lake	1:16.42 -2.3

Event 250 Girls Shot Put Wheelchair Wheelchair

Section 5AA: 17-08.50 @ 6/2/2023 Tayla Gassman

Name	Yr	School	Finals
Finals			
1 Tayla Gassman	9	Big Lake	17-08.50@

Women - Team Rankings - 22 Events Scored

1) Monticello	200
2) Foley	102
3) Becker	80
4) St. Francis	68
5) Zimmerman	46
6) Milaca	43
6) Sauk Rapids-Rice	43
6) Spectrum	43
9) Princeton	33
10) St. Cloud Tech	31
11) Big Lake	10
12) St. Cloud Apollo	7

Men - Team Rankings - 18 Events Scored

1) Becker	120
2) Monticello	119
3) Big Lake	94
4) St. Francis	69
5) St. Cloud Tech	64
6) Zimmerman	57
7) Princeton	49
8) Spectrum	43.5
9) Foley	33
10) Sauk Rapids-Rice	31
11) St. Cloud Apollo	17
12) Milaca	4.5

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Event 200 Girls 100 Meter Dash

Class A: 11.84 ! 2018 T'Nia Riley
Class AA: 11.71 # 2012 Taylor Anderson
National: 10.98 \$ 2015 Candace Hill
Section 5AA: 12.56 @ 6/2/2023 Sasha Steinbach
12.59 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1	Emelia Skistad	11 Monticello	12.77QNWI
2	Sasha Steinbach	11 Monticello	12.84QNWI
3	Piper Osborne	12 Foley	13.13QNWI
4	Taylor Bockoven	9 Milaca	13.41QNWI
5	Stella Lambaere	9 Sauk Rapids-Rice	13.44QNWI
6	Kacie Lilledahl	10 Monticello	13.41q NWI
7	Keisha Aubrey	12 Princeton	13.48q NWI
8	Reina Mikla	12 Milaca	13.50q NWI
9	Kylee Morton	11 Becker	13.52 NWI
10	Taylor Johnson	10 St. Francis	13.53 NWI
11	Jayden Petersen	8 Zimmerman	13.63 NWI
12	Salayna Allen	8 Becker	13.72 NWI
13	Ava Palmieri	12 Spectrum	13.76 NWI
14	Laura Dohrmann	11 Foley	13.95 NWI
15	Leon Morris	10 Becker	13.95 NWI
16	Aaliyah McKnight	10 St. Cloud Tech	14.09 NWI
17	Gracie Zimmer	8 Foley	14.09 NWI
18	Lela Burdick	9 Spectrum	14.15 NWI
19	Amera Stancer	9 St. Francis	14.22 NWI
20	Leah Uphoff	8 Big Lake	14.23 NWI
21	Kayla Reid	12 St. Francis	14.24 NWI
22	Frannie Freese	11 Milaca	14.24 NWI
23	Sire Traore	10 Sauk Rapids-Rice	14.25 NWI
24	Sydney Roy	11 Big Lake	14.31 NWI
25	Payton McEachern	12 Zimmerman	14.34 NWI
26	Marjwok Omot	12 St. Cloud Tech	14.36 NWI
27	Ella Connors	11 Princeton	14.37 NWI
28	Paige Groetsch	11 St. Cloud Tech	14.38 NWI
29	Sydney Nelson	9 Princeton	14.39 NWI
30	Raquel Reed	12 St. Cloud Apollo	14.41 NWI
31	Arianny Mezquita	9 St. Cloud Apollo	14.44 NWI
32	Raina White	11 Big Lake	14.46 NWI
33	Jezabel Dimaze	11 Spectrum	14.49 NWI
34	Emily Neumann	9 Sauk Rapids-Rice	14.78 NWI
35	Amelia Acker	12 Zimmerman	17.47 NWI

Event 201 Boys 100 Meter Dash

Class A: 10.77 ! 1996 Erik Hanson
Class AA: 10.49 # 2004 Ibrahim Kabia
National: 10.00 \$ 2014 Trentavis Friday
Section 5AA: 10.55 @ 6/3/2022 Max Reis
11.20 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1	Caden Spence	12 Zimmerman	11.11QUAL
2	Bo Beucler	12 Monticello	11.48QNWI
3	Collin Callstrom	12 Monticello	11.57QNWI
4	Evan Morris	11 Foley	11.67QNWI
4	Jamison Waknitz	12 Spectrum	11.67QNWI
6	Damarius Fletcher	11 St. Cloud Tech	11.65q NWI
7	Amarr Boyongo	11 St. Cloud Tech	11.65q NWI
8	Mason Spence	9 Zimmerman	11.75q NWI
9	Joe Murphy	12 Big Lake	11.78 NWI
10	Wes Johnson	12 St. Francis	11.82 NWI
11	Hunter Merritt	12 Princeton	11.89 NWI
12	Jairus Sorensen	12 Spectrum	11.91 NWI
13	Mitchell Soltau	10 Becker	11.92 NWI
14	Batuo Teboh	10 St. Cloud Tech	11.96 NWI
15	Jacob Tilly	10 St. Francis	12.01 NWI
16	Tyler Hoheisel	12 Monticello	12.06 NWI
17	Evan Hardy	8 Sauk Rapids-Rice	12.24 NWI
18	Michael Dwyer	10 St. Francis	12.28 NWI
19	Ben Sellner	12 Big Lake	12.33 NWI
20	Enmary Kitue	10 St. Cloud Apollo	12.35 NWI
21	Abe Nebo	9 Big Lake	12.51 NWI
22	Trace Hasz	12 Milaca	12.52 NWI
23	Dillon Taylor	12 Princeton	12.54 NWI
24	Trent Pratkan	12 Milaca	12.54 NWI
25	Holden Dvorak	10 Spectrum	12.55 NWI
26	Carter Ronning	11 Princeton	12.59 NWI
27	My kha Phan	9 Sauk Rapids-Rice	12.60 NWI
28	Dutch Kuperus	11 Milaca	12.77 NWI
29	Logan Vasek	11 St. Cloud Apollo	12.84 NWI
30	Tom Novak	11 Foley	13.01 NWI
31	Harvey Lahti	11 St. Cloud Apollo	13.23 NWI
32	Jonathan Bender	10 Becker	13.30 NWI
33	Torren Johnson	10 Zimmerman	14.11 NWI

Event 202 Girls 200 Meter Dash

Class A: 24.44 ! 2018 T'Nia Riley
Class AA: 23.91 # 2016 Jedah Caldwell
National: 22.11 \$ 1998 Allyson Felix
Section 5AA: 25.40 @ 6/2/2023 Emelia Skistad
25.80 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1	Emelia Skistad	11 Monticello	25.62QUAL
2	Sasha Steinbach	11 Monticello	26.41QNWI

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Preliminaries ... (Event 202 Girls 200 Meter Dash)

Name	Yr	School	Prelims
3 Kaela Skistad	10	Monticello	26.53QNWI
4 Olivia Sauer	9	Foley	26.95QNWI
5 Kylee Morton	11	Becker	27.21QNWI
6 Lydia Graham	9	Foley	27.56qNWI
7 Salayna Allen	8	Becker	27.56qNWI
8 Lexi Helmin	12	Sauk Rapids-Rice	27.68qNWI
9 Alaina Burney	9	Spectrum	27.69 NWI
10 Ava Eastman	10	Big Lake	27.78 NWI
11 Taylor Johnson	10	St. Francis	27.86 NWI
12 Abbigale Paulson	10	St. Francis	28.10 NWI
13 Sage Greenwaldt	9	Foley	28.15 NWI
14 Adyson Arens	8	Milaca	28.31 NWI
15 Jayden Petersen	8	Zimmerman	28.38 NWI
16 Keisha Aubrey	12	Princeton	28.56 NWI
17 Samantha Meyer	11	Milaca	28.78 NWI
18 Alexis Natzel	11	St. Francis	28.80 NWI
19 Sydney Taylor	10	Spectrum	28.83 NWI
20 Weslie Schuck	9	St. Cloud Tech	28.84 NWI
21 Payton McEachern	12	Zimmerman	28.86 NWI
22 Esther Evans	10	Milaca	28.89 NWI
23 Payton Marshall	11	St. Cloud Tech	28.92 NWI
24 Sydney Roy	11	Big Lake	28.98 NWI
25 Raquel Reed	12	St. Cloud Apollo	29.02 NWI
26 Leon Morris	10	Becker	29.27 NWI
27 Miracle Jensen	9	St. Cloud Tech	29.50 NWI
28 Lela Burdick	9	Spectrum	29.58 NWI
29 Emma Hardy	10	Sauk Rapids-Rice	29.60 NWI
30 Ella Connors	11	Princeton	29.73 NWI
31 Annika Broman	12	Sauk Rapids-Rice	30.12 NWI
32 Brynne Emmerich	9	Princeton	30.23 NWI
33 Arianny Mezquita	9	St. Cloud Apollo	30.50 NWI
34 Arrianna Wagner	9	Big Lake	30.87 NWI

Event 203 Boys 200 Meter Dash

Class A: 21.45 ! 2014 Tyler Beehler
Class AA: 20.92 # 2004 Jon Boyd
National: 20.13 \$ 1985 Roy Martin
Section 5AA: 22.25 @ 6/2/2023 Caden Spence
22.44 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1 Brady Johnson	12	St. Francis	22.33QUAL
2 Caden Spence	12	Zimmerman	22.47QNWI
3 Logan Eisele	12	Becker	22.66QNWI
4 Wes Johnson	12	St. Francis	23.03QNWI
5 Mason Spence	9	Zimmerman	23.44qNWI
6 Joe Murphy	12	Big Lake	23.67qNWI
7 CJ Mikely	10	Big Lake	23.68qNWI
8 Owen Symanietz	10	Sauk Rapids-Rice	23.89qNWI
9 Jacob Tilly	10	St. Francis	23.90 NWI
10 Preston Senne	12	Princeton	23.99 NWI
11 Carter Pemberton	12	Princeton	24.20 NWI

12 Bangaly Kaba	12	St. Cloud Apollo	24.21 NWI
13 Callen Kieke	11	Sauk Rapids-Rice	24.23 NWI
14 Batuo Teboh	10	St. Cloud Tech	24.25 NWI
15 Lukas Terwey	10	St. Cloud Tech	24.27 NWI
16 Ben Sellner	12	Big Lake	24.39 NWI
17 Devin Wipper	11	St. Cloud Tech	24.47 NWI
18 Jermaine Vickstrom	12	Princeton	24.52 NWI
19 Eddie Kennedy	10	Monticello	24.60 NWI
20 Corbin Sams	12	Milaca	24.66 NWI
21 Micah Matthews	12	Spectrum	24.74 NWI
22 Abdikafi Salad	10	St. Cloud Apollo	24.77 NWI
23 Jack Suiter	12	Spectrum	24.90 NWI
24 Trent Pratka	12	Milaca	24.91 NWI
25 Evan Morris	11	Foley	25.22 NWI
26 Holden Dvorak	10	Spectrum	25.26 NWI
27 Tom Novak	11	Foley	25.50 NWI
28 Yoseb Brewer	12	St. Cloud Apollo	25.53 NWI
29 Ayden Totzke	9	Milaca	25.74 NWI
30 Jonathan Bender	10	Becker	26.89 NWI
--- Finley Roman	9	Zimmerman	DNF NWI

Event 204 Girls 400 Meter Dash

Class A: 55.67 ! 2016 Chloe Bermel
Class AA: 54.36 # 2001 Vanessa Clarida
National: 50.69 \$ 2002 Sanya Richards
Section 5AA: 57.95 @ 6/2/2023 Kaela Skistad
58.42 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1 Kaela Skistad	10	Monticello	58.87Q
2 Hannah Dierkes	10	Becker	1:01.61Q
3 Adrienne Hansen	11	Monticello	1:02.64Q
4 Sage Greenwaldt	9	Foley	1:03.29q
5 Kaylyn Rickard	8	Becker	1:04.62q
6 Erin Kjellberg	10	Big Lake	1:04.88q
7 Jada Martindale	9	Milaca	1:05.49q
8 Ashlynn Mold	8	St. Francis	1:05.50q
9 Abby Atwood	10	Becker	1:05.53
10 Madison Hall	10	St. Francis	1:05.68
11 Shalyn Adams	11	Monticello	1:05.98
12 Maggie Novotny	9	Spectrum	1:06.76
13 Annabelle Gothmann	7	Milaca	1:06.84
14 Iris Rodriguez	10	St. Cloud Tech	1:07.69
15 Sydney Taylor	10	Spectrum	1:07.81
16 Macy Hass	10	St. Francis	1:07.92
17 Ellen Peckham	11	Spectrum	1:08.21
18 Lauren Gazdzik	9	St. Cloud Tech	1:08.55
19 Olivia Posch	10	Sauk Rapids-Rice	1:09.53
20 Jordyn Berwald	10	Zimmerman	1:09.85
21 Antonia Heinks	10	St. Cloud Tech	1:10.05
22 Isabelle Haddy	12	Sauk Rapids-Rice	1:10.64
23 Madison Fisher	9	Zimmerman	1:11.85

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Event 205 Boys 400 Meter Dash**Class A: 47.66 ! 1996 Tom Gerding****Class AA: 47.56 # 2013 Nathan Roese****National: 44.69 \$ 1982 Darrell Robinson****Section 5AA: 49.08 @ 6/2/2023 Brady Johnson****49.98 QUAL State Qualifier**

Name	Yr	School	Prelims
Preliminaries			
1	Jonah Hviding	12 Princeton	50.72Q
2	Brady Johnson	12 St. Francis	51.56Q
3	Wyatt Witschen	12 Monticello	51.77Q
4	Paul Fasen	11 Monticello	52.44Q
5	Bjorn Mattick	11 St. Cloud Tech	52.47q
6	Alex Weiss	12 Becker	52.64q
7	Luke Loidolt	10 Sauk Rapids-Rice	52.76q
8	Josh Kennedy	11 Big Lake	53.63q
9	Mason Foss	11 Sauk Rapids-Rice	53.85
10	Caleb Martz	10 St. Cloud Tech	54.37
11	Isaac Nelson	12 Princeton	54.48
12	Chase David	10 Foley	55.22
13	Elek Torok	11 St. Francis	55.51
14	Hunter Fiedler	11 Zimmerman	55.56
15	Nathan Haukos	10 St. Francis	55.68
16	Jack Patnode	10 Milaca	56.08
17	Aden Khamdamov	11 Spectrum	56.74
18	Samuel Butkowski	11 St. Cloud Tech	56.92
19	Xander Topel	10 Spectrum	57.18
20	William Lange	9 Milaca	57.30
21	Nolan Kraker	9 Princeton	57.89
22	Alton Ahamed	9 Big Lake	58.03
23	Jonathan Vick	10 Spectrum	58.72
24	Tyrelle Moody	12 Sauk Rapids-Rice	59.01
25	Kennan DeBoer	12 Milaca	1:01.23
26	Hser Kaw	9 Big Lake	1:02.91
27	Kaleb Thuftedal	11 Becker	1:03.34

Event 206 Girls 800 Meter Run**Class A: 2:08.77 ! 1986 Jeanne Kruckeberg****Class AA: 2:06.50 # 2015 Ruby Stauber****National: 1:59.51 \$ 2013 Mary Cain****Section 5AA: 2:18.66 @ 6/2/2023 Hailee Zimpel****2:16.51 QUAL State Qualifier**

Name	Yr	School	Prelims
Preliminaries			
1	Sophia Haase	12 Monticello	2:26.39Q
	1:11.091 (1:11.091)	2:26.381 (1:15.290)	
2	Alea Briggs	11 Becker	2:27.80Q
	1:09.517 (1:09.517)	2:27.797 (1:18.280)	
3	Hailee Zimpel	12 Zimmerman	2:27.97Q
	1:10.290 (1:10.290)	2:27.966 (1:17.676)	
4	Zili Lenzner	8 St. Cloud Apollo	2:29.75Q
	1:14.356 (1:14.356)	2:29.745 (1:15.389)	

5	Amber Lawrence	11 St. Francis	2:30.08q
	1:10.751 (1:10.751)	2:30.072 (1:19.321)	
6	Claire Swanson	9 Zimmerman	2:31.44q
	1:14.755 (1:14.755)	2:31.432 (1:16.677)	
7	Anabella Witschen	12 Monticello	2:32.78q
	1:12.032 (1:12.032)	2:32.773 (1:20.741)	
8	Addison Dahl	11 Spectrum	2:34.13q
	1:14.533 (1:14.533)	2:34.129 (1:19.596)	
9	Katelyn Brower	9 Becker	2:34.62
	1:15.003 (1:15.003)	2:34.618 (1:19.615)	
10	Sienna Petermeier	11 Sauk Rapids-Rice	2:36.13
	1:15.089 (1:15.089)	2:36.127 (1:21.038)	
11	Lilly Dickinson	10 St. Cloud Apollo	2:36.56
	1:18.598 (1:18.598)	2:36.552 (1:17.954)	
12	Campbell Slattery	10 Big Lake	2:37.13
	1:18.556 (1:18.556)	2:37.127 (1:18.571)	
13	Claire Rogholt	9 Sauk Rapids-Rice	2:41.11
	1:17.381 (1:17.381)	2:41.107 (1:23.726)	
14	Hannah Braun	12 Milaca	2:42.27
	1:17.616 (1:17.616)	2:42.265 (1:24.649)	
15	Brittney Kroska	8 Foley	2:42.81
	1:19.295 (1:19.295)	2:42.805 (1:23.510)	
16	Isabella Frantesl	8 St. Cloud Tech	2:44.26
	1:20.799 (1:20.799)	2:44.257 (1:23.458)	
17	Elizabeth Daubner	10 Princeton	2:45.92
	1:17.469 (1:17.469)	2:45.917 (1:28.448)	
18	Meisha Person	10 Spectrum	2:46.47
	1:21.750 (1:21.750)	2:46.462 (1:24.712)	
19	Carmen Herrera-Morales	11 Big Lake	2:46.55
	1:21.573 (1:21.573)	2:46.549 (1:24.976)	
20	Madison Gothmann	9 Milaca	2:47.74
	1:24.533 (1:24.533)	2:47.739 (1:23.206)	
21	Kaitlyn Latterell	10 Foley	2:48.27
	1:23.052 (1:23.052)	2:48.266 (1:25.214)	
22	Ally Lucas	9 Sauk Rapids-Rice	2:53.61
	1:20.623 (1:20.623)	2:53.608 (1:32.985)	
23	Elizabeth Fisk	9 St. Cloud Apollo	2:54.06
	1:21.267 (1:21.267)	2:54.056 (1:32.789)	
24	Jailyn Kiser	9 St. Francis	2:59.04
	1:24.019 (1:24.019)	2:59.039 (1:35.020)	
25	Elise Erickson	12 Monticello	2:59.83
	1:21.481 (1:21.481)	2:59.830 (1:38.349)	
26	Charlotte Cox	7 Zimmerman	2:59.99
	1:26.321 (1:26.321)	2:59.988 (1:33.667)	
27	Daniella Orton	7 Spectrum	3:00.07
	1:22.697 (1:22.697)	3:00.068 (1:37.371)	
28	Grace Kronbach	10 St. Francis	3:02.56
	1:25.322 (1:25.322)	3:02.551 (1:37.229)	
29	Mishell Flores	11 Big Lake	3:08.15
	1:32.409 (1:32.409)	3:08.142 (1:35.733)	
30	Addison Sonmor	9 St. Cloud Tech	4:05.49
	2:03.400 (2:03.400)	4:05.482 (2:02.082)	

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Event 207 Boys 800 Meter Run**Class A: 1:50.72 ! 1996 Jason Owen****Class AA: 1:49.69 # 2008 Zachary Mellon****National: 1:46.45 \$ 1996 Michael Granville****Section 5AA: 1:58.73 @ 6/2/2023 Jack Leuer****1:57.97 QUAL State Qualifier**

Name	Yr	School	Prelims
Preliminaries			
1 Tyson Ricker	12	Becker	2:00.96Q
59.760 (59.760)	2:00.958 (1:01.198)		
2 Domanic Dick	12	Spectrum	2:04.55Q
1:01.853 (1:01.853)	2:04.541 (1:02.688)		
3 Ty Brouwer	11	Monticello	2:05.25Q
1:00.870 (1:00.870)	2:05.244 (1:04.374)		
4 Jack Leuer	10	Big Lake	2:05.76Q
1:04.679 (1:04.679)	2:05.759 (1:01.080)		
5 Spencer Vold	12	Big Lake	2:02.00q
1:00.435 (1:00.435)	2:02.000 (1:01.565)		
6 Nathan Martin	12	Sauk Rapids-Rice	2:05.18q
1:01.914 (1:01.914)	2:05.178 (1:03.264)		
7 Conner Quigley	11	Princeton	2:05.29q
1:01.268 (1:01.268)	2:05.284 (1:04.016)		
8 Ayden Smith	11	Monticello	2:06.24q
1:04.926 (1:04.926)	2:06.234 (1:01.308)		
9 Gavin Kadlec	11	Foley	2:06.82
1:01.443 (1:01.443)	2:06.818 (1:05.375)		
10 Rocco Vasoli	12	Monticello	2:08.24
1:02.504 (1:02.504)	2:08.231 (1:05.727)		
11 John Fischer	9	Spectrum	2:08.65
1:05.036 (1:05.036)	2:08.641 (1:03.605)		
12 Rander Draheim	9	Princeton	2:10.45
1:05.245 (1:05.245)	2:10.448 (1:05.203)		
13 Caleb Reckelberg	12	Becker	2:11.25
1:05.199 (1:05.199)	2:11.246 (1:06.047)		
14 Marco Gordon	10	St. Cloud Apollo	2:11.85
1:05.057 (1:05.057)	2:11.849 (1:06.792)		
15 Nolan Bofenkamp	10	St. Francis	2:11.87
1:02.316 (1:02.316)	2:11.870 (1:09.554)		
16 Trent Erickson	9	Big Lake	2:11.91
1:02.986 (1:02.986)	2:11.905 (1:08.919)		
17 Bayden Brenteson	8	Princeton	2:14.49
1:07.037 (1:07.037)	2:14.489 (1:07.452)		
18 Nicholas Aanenson	11	St. Francis	2:14.61
1:04.682 (1:04.682)	2:14.607 (1:09.925)		
19 Nicholas Clark	11	St. Cloud Apollo	2:14.83
1:04.611 (1:04.611)	2:14.821 (1:10.210)		
20 Collin Wiebe	11	Sauk Rapids-Rice	2:14.92
1:08.259 (1:08.259)	2:14.912 (1:06.653)		
21 Ethan Asher	10	Milaca	2:17.69
1:07.870 (1:07.870)	2:17.682 (1:09.812)		
22 Dylan Greninger	12	Milaca	2:19.11
1:09.052 (1:09.052)	2:19.104 (1:10.052)		

23 Eli Sutton	10	St. Cloud Apollo	2:19.99
1:08.889 (1:08.889)	2:19.981 (1:11.092)		
24 Lucas Hoffman	12	Sauk Rapids-Rice	2:20.03
1:07.794 (1:07.794)	2:20.024 (1:12.230)		
25 Tai Warnke	11	Spectrum	2:22.50
1:08.859 (1:08.859)	2:22.499 (1:13.640)		
26 Luke Westphal	12	Zimmerman	2:23.97
1:08.228 (1:08.228)	2:23.967 (1:15.739)		
27 Lucas Couzens	8	St. Cloud Tech	2:24.51
1:11.323 (1:11.323)	2:24.509 (1:13.186)		
28 Tim Schultz	11	Zimmerman	2:24.96
1:10.966 (1:10.966)	2:24.957 (1:13.991)		
29 Marcus Wade	9	St. Cloud Tech	2:27.23
1:11.628 (1:11.628)	2:27.230 (1:15.602)		
30 Cole Shoultz	9	Zimmerman	2:28.21
1:10.158 (1:10.158)	2:28.204 (1:18.046)		
31 Samuel Butkowski	11	St. Cloud Tech	2:34.11
1:13.664 (1:13.664)	2:34.105 (1:20.441)		
32 Thomas Leom	11	Milaca	2:34.53
1:13.516 (1:13.516)	2:34.525 (1:21.009)		

Event 210 Girls 3200 Meter Run**Class A: 10:26.41 ! 2006 Bria Wetsch****Class AA: 10:06.19 # 2018 Emily Covert****National: 9:48.59 \$ 1996 Kim Mortensen****Section 5AA: 11:16.02 @ 6/1/2022 Isabel Mahoney****11:01.41 QUAL State Qualifier**

Name	Yr	School	Finals
Finals			
1 Isabel Mahoney	9	Monticello	11:16.80
2 Stella Rusch	11	St. Cloud Tech	11:34.72
3 Hope Beck	9	Spectrum	11:45.08
4 Anniston Rolf	7	St. Francis	11:53.99
5 Emily Baker	11	Zimmerman	11:59.76
6 Julia Daubner	12	Princeton	12:12.05
7 Lydia Anderson	8	Foley	12:18.49
8 Olivia Babler	11	Becker	12:42.75
9 Kennedy McCalla	10	Monticello	12:50.02
10 Ava Meyer	8	Spectrum	12:58.17
11 Faith Bogle	8	Sauk Rapids-Rice	13:23.58
12 Lindsay Peters	10	Zimmerman	13:25.21
13 Natalie Trenz	10	Becker	13:25.93
14 Phoebe Figenshau	7	Monticello	13:30.07
15 Emilee Doperalski	11	Big Lake	13:49.66
16 Sophie Schlenker	8	Milaca	13:50.95
17 Miriam Miller	7	St. Francis	14:23.85
18 Annelise Jennissen	9	Foley	14:32.77
19 Holly Braun	11	Foley	14:36.18
20 Elsa Wogen	10	Princeton	14:48.40
21 Naomi Braski	9	St. Francis	14:56.75
22 Brianna Stanina	10	Zimmerman	14:57.33
--- Hannah Boese	9	Spectrum	DNF
--- Brittany Carlson	10	Milaca	SCR
--- Kirsten Batien	8	Milaca	SCR

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Event 211 Boys 3200 Meter Run**Class A: 8:59.19 ! 2006 Mike Torchia****Class AA: 8:57.07 # 2013 Obsa Ali****National: 8:29.46 \$ 2011 Lukas Verzbicas****Section 5AA: 9:22.05 @ 5/31/2023 Owen Layton**
9:29.87 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Owen Layton	11	Big Lake	9:22.05@QUAL
2 Noah Mahoney	12	Monticello	9:29.17 QUAL
3 Tanon Jacobson	12	Big Lake	10:14.82
4 Parker Spindler	9	Becker	10:18.16
5 Chris Falk	11	Monticello	10:18.51
6 Joesph Marlette	10	St. Cloud Tech	10:41.13
7 Evan Hubbard	9	Becker	10:43.19
8 Gavin Flavin	9	Big Lake	10:44.44
9 Preston Holewa	9	Foley	10:45.82
10 Sean Pickle	12	St. Cloud Tech	10:59.66
11 Gavin Kivisto	12	Princeton	11:01.08
12 Jaden Nemeth	12	Spectrum	11:03.22
13 Amado Sandoval	11	St. Cloud Tech	11:06.22
14 Sameer Gupta	10	Monticello	11:10.70
15 Kaleb Jones	8	Spectrum	11:14.79
16 Alex TenHaken	8	Milaca	11:29.74
17 James Kohl	12	Princeton	11:34.15
18 Jake Larson	12	Spectrum	11:47.92
19 Jameson Cox	8	Zimmerman	12:14.20
20 Ashton Rolf	9	St. Francis	12:15.49
21 Drake Nelson	11	Zimmerman	13:00.68
22 Gabriel Jergens	11	Milaca	13:14.27
23 Nolen Barke	10	Milaca	13:45.56
24 Austen Luke	9	Zimmerman	13:50.18

Event 212 Girls 100 Meter Hurdles**Class A: 14.80 ! 1996 Kara Hedin****Class AA: 13.94 # 2016 Karina Joiner****National: 12.84 \$ 2016 Tia Jones****Section 5AA: 15.47 @ 6/2/2023 Hope Guertin**
15.38 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1 Hope Guertin	11	Monticello	15.89QNWI
2 Ruby Gustofson	9	Sauk Rapids-Rice	16.48QNWI
3 Lillian Koenig	10	Princeton	16.68QNWI
4 Delia Gustofson	11	Sauk Rapids-Rice	17.31QNWI
5 Nicole Schaefer	12	Foley	17.43QNWI
6 Lauren Woelfel	11	Becker	17.61q NWI
7 Abbigale Paulson	10	St. Francis	17.68q NWI
8 Hadley Schultz	10	Monticello	17.78q NWI
9 Leah Uphoff	8	Big Lake	17.79 NWI
10 Kylee Greener	9	Sauk Rapids-Rice	17.83 NWI
11 Raelee Lyon	9	Becker	17.87 NWI
12 Madeline Adkisson	10	Foley	18.02 NWI

13 Hailey Becker	12	Zimmerman	18.06 NWI
14 Brittney Lueck	10	Princeton	18.24 NWI
15 Natasha Albrecht	9	Milaca	18.30 NWI
16 Alivia Voss	9	Big Lake	18.45 NWI
17 Daija Schwartz	9	Milaca	18.47 NWI
18 Elizabeth Gach	9	St. Cloud Apollo	18.82 NWI
19 Payton Marshall	11	St. Cloud Tech	18.88 NWI
20 Lilly Michaels	12	St. Francis	19.15 NWI
21 Sarah Smith	10	Spectrum	19.25 NWI
22 Addison Sluis	10	Milaca	19.47 NWI
23 Sophie Nelson	9	Foley	19.53 NWI
24 Regan Hausmann	12	Becker	19.84 NWI
25 Hailey Miller	9	St. Cloud Tech	19.98 NWI
26 Sabonti Hussein	9	St. Cloud Apollo	20.18 NWI
27 Ava Beaudry	12	Spectrum	20.80 NWI
28 Kayleigh Pregler	9	Big Lake	20.86 NWI
29 Etta Glinsek	11	Spectrum	20.86 NWI
30 Freedom Gor	10	St. Cloud Tech	20.95 NWI
31 Achan Wang	10	St. Cloud Apollo	21.26 NWI
32 Hailey Gilmer	9	Princeton	22.41 NWI
33 Audrianna Gohman	10	Monticello	25.76 NWI

Event 213 Boys 110 Meter Hurdles**Class A: 13.92 ! 2015 Jon Tollefson****Class AA: 13.88 # 2012 Rilwan Alowanle****National: 13.08 \$ 2009 Wayne Davis****Section 5AA: 15.41 @ 6/2/2023 Owen Angell**
15.29 QUAL State Qualifier

Name	Yr	School	Prelims
Preliminaries			
1 Owen Angell	10	Becker	15.53QNWI
2 Blain Sternquist	11	Princeton	16.50QNWI
3 Wyatt Tschida	12	Zimmerman	16.51QNWI
4 Jimmy Paulson	11	Spectrum	16.70q NWI
5 Devon Bragg	11	Princeton	16.79q NWI
6 Noah Weekes	11	St. Cloud Apollo	16.97q NWI
7 Martavius Guertin	10	Monticello	17.00q NWI
8 Mitch Thell	12	Foley	17.01q NWI
9 Charlie Madison	12	Big Lake	17.82 NWI
10 Khalid Aden	10	St. Cloud Tech	18.06 NWI
11 Corbin Vaale	10	Zimmerman	18.06 NWI
12 Ryan Richardson	11	Monticello	18.08 NWI
13 Jack Post	10	Sauk Rapids-Rice	18.08 NWI
14 Deagan Gondeck	10	Sauk Rapids-Rice	18.83 NWI
15 Noah Scherber	9	Monticello	19.14 NWI
16 Hunter Youngdahl	10	Becker	19.15 NWI
17 Eli Shoemaker	9	Milaca	19.23 NWI
18 Owen Kluempke	11	St. Cloud Tech	19.35 NWI
19 George Roehl	8	Milaca	19.40 NWI
20 Logan Frette	9	Spectrum	19.82 NWI
21 Travis Boyle	12	Foley	20.68 NWI
22 Trystan Daley	11	Spectrum	20.92 NWI

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Event 214 Girls 300 Meter Hurdles

Class A: 42.62 ! 1987 **Liesa Brateng**
Class AA: 41.35 # 2016 **Maleah Biermaier**
National: 39.98 \$ 2001 **Lashinda Demus**
Section 5AA: 46.15 @ 6/2/2023 **Hope Guertin**
45.47 **QUAL State Qualifier**

Name	Yr	School	Prelims
Preliminaries			
1	Hope Guertin	11 Monticello	46.75Q
2	Abbigale Paulson	10 St. Francis	48.47Q
3	Nicole Schaefer	12 Foley	48.75Q
4	Audrianna Gohman	10 Monticello	49.95Q
5	Lillian Koenig	10 Princeton	49.93q
6	Raelee Lyon	9 Becker	50.83q
7	Madeline Adkisson	10 Foley	50.91q
8	Natasha Albrecht	9 Milaca	51.26q
9	Regan Hausmann	12 Becker	51.36
10	Samantha Richardson	12 Monticello	52.18
11	Kylee Greener	9 Sauk Rapids-Rice	52.61
12	Leah Uphoff	8 Big Lake	52.66
13	Lilly Michaels	12 St. Francis	53.42
14	Meghan Swanson	12 Becker	53.61
15	Addison Sluis	10 Milaca	53.67
16	Claire Chalberg	9 Milaca	54.17
17	Brittney Lueck	10 Princeton	54.67
18	Hailey Becker	12 Zimmerman	54.93
19	Sarah Smith	10 Spectrum	55.33
20	Sophie Nelson	9 Foley	55.66
21	Freedom Gor	10 St. Cloud Tech	55.84
22	Wendi Peterson	9 Sauk Rapids-Rice	56.19
23	Hailey Miller	9 St. Cloud Tech	56.29
24	Etta Glinsek	11 Spectrum	57.75
25	Kayleigh Pregler	9 Big Lake	59.25
26	Andrea Lingbeck	8 Spectrum	1:03.96
27	Hailey Gilmer	9 Princeton	1:04.57

Event 215 Boys 300 Meter Hurdles

Class A: 37.39 ! 1999 **Mitch Potter**
Class AA: 36.59 # 2012 **RJ Alowonle**
National: 35.02 \$ 2009 **Reggie Wyatt**
Section 5AA: 40.79 @ 6/2/2023 **Owen Angell**
38.79 **QUAL State Qualifier**

Name	Yr	School	Prelims
Preliminaries			
1	Owen Angell	10 Becker	41.13Q
2	Garret Broman	10 Sauk Rapids-Rice	42.25Q
3	Ryan Richardson	11 Monticello	42.53Q
4	Preston Senne	12 Princeton	42.96Q
5	DJ Hausmann	9 Monticello	42.53q
6	Wyatt Tschida	12 Zimmerman	43.31q
7	Micah Miller	10 St. Francis	43.77q
8	Mitch Thell	12 Foley	44.33q

9	Bangaly Kaba	12 St. Cloud Apollo	44.37
10	Wuoson Nehwah	11 Big Lake	44.38
11	Devon Bragg	11 Princeton	44.38
12	Yoseb Brewer	12 St. Cloud Apollo	44.55
13	Noah Weekes	11 St. Cloud Apollo	45.30
14	Jimmy Paulson	11 Spectrum	46.10
15	Santiago Castro	9 Monticello	46.33
16	Jack Suiter	12 Spectrum	46.46
17	Corbin Vaale	10 Zimmerman	46.50
18	Owen Kluempke	11 St. Cloud Tech	46.57
19	Grayson Gazett	10 Sauk Rapids-Rice	46.60
20	Charlie Madison	12 Big Lake	47.12
21	Khalid Aden	10 St. Cloud Tech	47.13
22	Kong Pheng Xiong	11 St. Francis	47.82
23	Eli Shoemaker	9 Milaca	47.85
24	Hunter Youngdahl	10 Becker	47.93
25	George Roehl	8 Milaca	48.35
26	Logan Frette	9 Spectrum	49.81
27	Nazareth Evans	9 Milaca	49.94
28	Kaden Spindler	12 St. Francis	50.56
29	Travis Boyle	12 Foley	51.11

Event 224 Girls High Jump

Section 5AA: 5-02 @ 5/31/2023 **Kyleigh Noble**
Class A: 6-00 ! 2021 **Nyalaam Jok**
Class AA: 5-10 # 1986 **Barsness /Schmidt**
National: 6-04.50 \$ 2015 **Vashti Cunningham**
Section 5AA: 5-02 @ 6/1/2022 **Kate Gross**
5-03.00 **QUAL State Qualifier**

Name	Yr	School	Finals
Finals			
1	Kyleigh Noble	9 Princeton	5-02.00@
2	Marissa Rotz	11 Zimmerman	4-11.00
3	Paityn Pendergrass	10 St. Francis	4-11.00
4	Abby Anderson	12 Milaca	4-11.00
5	Sarah Smith	10 Spectrum	4-10.00
6	Lindsey Hohmann	8 Princeton	4-10.00
7	Lillian Voss	10 Milaca	4-10.00
8	Raena Volker	11 St. Cloud Tech	4-08.00
9	Alexis Natzel	11 St. Francis	4-08.00
10	Bella Kuschel	10 Becker	4-08.00
11	Allyson Strandberg	9 Princeton	4-06.00
11	Jezebel Dimaze	11 Spectrum	4-06.00
11	Alivia Voss	9 Big Lake	4-06.00
11	Lily Manning	12 Monticello	4-06.00
15	Alayna Boe	10 Big Lake	4-06.00
15	Ashlynn Mold	8 St. Francis	4-06.00
---	Katelyn Brower	9 Becker	NH
---	Isabelle Valencia	11 Zimmerman	NH
---	Kiera Wiley	11 Zimmerman	NH
---	Trinity Verrett	11 Monticello	NH
---	Olivia Frie	9 Monticello	NH
---	Maggie Novotny	9 Spectrum	NH
---	Annika Broman	12 Sauk Rapids-Rice	NH
---	Jacklynn Adams	9 St. Cloud Tech	NH

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Finals ... (Event 224 Girls High Jump)

Name	Yr	School	Finals
--- Eliana Erickson	9	St. Cloud Tech	NH
--- Daija Schwartz	9	Milaca	NH

Event 227 Boys Pole Vault
Class A: 15-09 ! 2021 Jerod White
Class AA: 15-08 # 2015 Benjamin Ose
National: 18-04.75 \$ 2016 Chris Nilsen
Section 5AA: 13-11 @ 5/31/2023 Owen Angell
13-05.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Owen Angell	10	Becker	13-11.00@QUAL
2 Cadyn Miller	11	Princeton	13-05.00 QUAL
3 Ethan Novak	12	Foley	13-05.00 QUAL
4 Spencer Vold	12	Big Lake	12-02.00
5 Henry Paulsen	12	Zimmerman	11-08.00
6 Luke Dilley	10	Sauk Rapids-Rice	11-05.00
7 Majade Cross	11	Foley	10-05.00
8 Xander Topel	10	Spectrum	10-05.00
9 Nolan Muellner	12	Becker	10-05.00
9 Brody Stommes	10	Becker	10-05.00
11 Eae Sticha	12	Foley	9-05.00
11 Owen Kluempke	11	St. Cloud Tech	9-05.00
13 Gavin Vold	10	Big Lake	9-05.00
13 Jacob Tupper	12	St. Francis	9-05.00
--- Jackson Meemken	10	St. Cloud Tech	NH
--- Owen Grebowski	10	St. Francis	NH
--- Corbin Vaale	10	Zimmerman	NH
--- Justin Feigum	10	St. Francis	NH
--- Evan Raske	11	Monticello	NH
--- William Riggs	12	Princeton	NH
--- Vince Kaley	10	Monticello	NH
--- Jack Suiter	12	Spectrum	NH
--- Alexander Heinks	11	St. Cloud Tech	NH
--- Holden Dvorak	10	Spectrum	NH

Event 228 Girls Long Jump
Class A: 19-02.25 ! 2009 Analisa Huschle
Class AA: 19-03.75 # 2018 Patricial Johnson
National: 22-05 \$ 2015 Kate Hall
Section 5AA: 17-04.50 @ 5/31/2023 Lauren Hansen
17-02.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Lauren Hansen	9	Monticello	17-04.50@QUAL
2 Emily Novak	11	Foley	17-03.25 QUAL
3 Marissa Rotz	11	Zimmerman	17-02.50 QUAL
4 Hannah Dierkes	10	Becker	16-11.50 1.8
5 Miracle Jensen	9	St. Cloud Tech	16-06.25 2.6
6 Kylee Morton	11	Becker	16-05.00 3.2
7 Ashley Kollie	10	Spectrum	16-03.00 2.4
8 Grace McCrone	12	Big Lake	16-02.25 1.9
9 Amera Stancer	9	St. Francis	15-10.00 1.5

10 Olivia Frie	9	Monticello	15-03.50 3.2
11 Alisha Grue	9	Monticello	15-03.25 3.6
12 Grace Ciarrochi	12	St. Cloud Tech	15-02.50 2.8
13 Isabelle Valencia	11	Zimmerman	15-02.50 3.2
14 Josie Reckelberg	7	Becker	15-00.50 3.3
15 Esther Evans	10	Milaca	15-00.00 2.0
16 Raina White	11	Big Lake	14-10.00 2.5
17 Lela Burdick	9	Spectrum	14-09.50 2.6
18 Gracie Zimmer	8	Foley	14-09.50 3.0
19 Madelyn McCallum	12	St. Francis	14-07.50 1.7
20 Hailey Becker	12	Zimmerman	14-06.75 3.4
21 Liz Thorsten	9	Foley	14-05.75 2.3
22 Madison Gothmann	9	Milaca	14-05.75 2.3
23 Wendi Peterson	9	Sauk Rapids-Rice	14-04.75 2.9
24 Ava Palmieri	12	Spectrum	14-03.75 3.7
25 Brittney Lueck	10	Princeton	14-03.00 1.9
26 Samantha Meyer	11	Milaca	13-09.50 2.4
27 Brynne Emmerich	9	Princeton	13-05.50 1.9
28 Abigail Simon	12	St. Cloud Tech	13-00.75 4.8
29 Addison Engstrom	11	St. Francis	12-11.25 2.9
30 Arrianna Wagner	9	Big Lake	11-03.75 2.3

Event 231 Boys Triple Jump
Class A: 48-08.50 ! 1987 Ed Hegland
Class AA: 49-05.50 # 2010 Michael Sandle
National: 54-10 \$ 2004 Kenny Hall
Section 5AA: 44-00 @ 5/31/2023 Carter Reckelberg
43-05.00 QUAL State Qualifier

Name	Yr	School	Finals
Finals			
1 Carter Reckelberg	10	Becker	44-00.00@QUAL
2 Arik Nikolas	12	St. Cloud Tech	42-06.00 2.8
3 Martavius Guertin	10	Monticello	42-03.00 2.1
4 Elijah Miller	9	Spectrum	41-07.50 2.2
5 Kyle Ginther	12	Big Lake	41-03.50 2.2
6 Bangaly Kaba	12	St. Cloud Apollo	41-03.00 1.9
7 Jaius Sorensen	12	Spectrum	40-10.50 1.4
8 Wyatt Lind	10	St. Francis	40-08.00 2.8
9 Jimmy Paulson	11	Spectrum	40-06.00 3.8
10 Abe Nebo	9	Big Lake	40-05.00 3.1
11 Teagan Gazdzik	11	St. Cloud Tech	39-01.50 2.5
12 Reese Strube	12	Princeton	38-08.50 4.1
13 Mason Sabraski	10	Sauk Rapids-Rice	38-06.50 3.4
14 Andrew Funt	10	Foley	38-06.50 1.6
15 Andrew Theis	8	Sauk Rapids-Rice	38-03.50 3.2
16 Wes Johnson	12	St. Francis	37-11.00 2.6
17 Hunter Merritt	12	Princeton	37-07.00 4.2
18 Khalid Aden	10	St. Cloud Tech	37-06.50 4.7
19 Clay Anderson	12	Milaca	37-05.50 2.0
20 Tyler Wick	12	Zimmerman	37-04.00 2.4
21 Brayden Terris	12	St. Francis	36-08.50 4.1
22 Baylor Gordy	12	Monticello	36-07.00 3.3
23 Wyatt Wick	9	Zimmerman	35-09.00 2.0
24 Ryan Zabinski	10	Becker	35-09.00 1.8
25 Jon Valdivieso	9	Princeton	34-07.50 2.3

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Finals ... (Event 231 Boys Triple Jump)

Name	Yr	School	Finals
26 Harrison Hultman	10	Milaca	34-01.00 2.2
27 Jack Patnode	10	Milaca	32-06.50 3.8
28 Nolan Muellner	12	Becker	31-07.50 2.6
--- Benjamin Schefers	9	Foley	DNS NWI

Event 232 Girls Discus Throw

Class A: 155-01 ! 2016 Jaimi Salone
Class AA: 171-09 # 2012 Maggie Ewen
National: 198-09 \$ 2012 Shelby Vaughan
Section 5AA: 127-05 @ 5/31/2023 Brooke Mushatt
120-05 QUAL State Qualifier

Name	Yr	School	Finals
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Finals

1 Brooke Mushatt	11	Sauk Rapids-Rice	27-05.00@QUAL
2 Reese Jorgenson	12	St. Francis	115-06.00
3 Graycee Roubinek	12	Monticello	115-00.00
4 Madilyn Schoer	12	St. Francis	107-01.00
5 Olivia Hanson	12	Monticello	105-11.00
6 Olivia Maunu	10	Becker	97-00.00
7 Camenae Gustafson	12	Monticello	96-08.00
8 Lauren Vanvickle	9	Sauk Rapids-Rice	95-10.00
9 Samantha Adams	12	St. Cloud Apollo	95-02.50
10 Lucille Hanson	11	Spectrum	91-06.00
11 Lynae Walker	12	Spectrum	86-05.00
12 Abby Klopp	11	Zimmerman	85-07.00
13 Lauren Duvall	9	Zimmerman	85-04.00
14 Tatum Hupalo	12	Zimmerman	81-03.00
15 Kaitlyn Kimman	12	Sauk Rapids-Rice	79-03.00
16 Kiley Trembath	11	Spectrum	74-11.00
17 Hailey Anderson	12	Big Lake	74-07.00
18 Elaine Truebenbach	12	Milaca	74-02.00
19 Clara Foss	9	Foley	72-06.50
20 Kiera Osborne	11	Foley	72-03.50
21 Rylea Hausmann	9	Becker	72-02.00
22 Siarra Smiley	9	St. Cloud Tech	71-10.00
23 Zoey Olson	9	St. Francis	71-09.00
24 Lucy Heringlake	9	St. Cloud Apollo	69-06.00
25 Joelle Lentz	12	Big Lake	69-00.00
26 Jayanna Boldt	9	Milaca	68-08.50
27 Grace McDonald	10	St. Cloud Tech	67-02.50
28 Addison Greninger	11	Milaca	66-00.00
29 Elsie Johnson	11	Big Lake	62-10.50
30 Winnie Sjoquist	12	Princeton	58-06.50
31 Taylor Knadel	9	St. Cloud Apollo	57-03.00
--- Ella Duevel	11	Foley	FOUL
--- Alexeya Cox-Payton	11	St. Cloud Tech	DNS

Event 235 Boys Shot Put

Class A: 62-08 ! 1996 Tim Senjem
Class AA: 65-04.25 # 2012 Thomas Anderson
National: 81-03.50 \$ 1979 Michael Carter
Section 5AA: 51-10.50 @ 5/31/2023 Derrick Cox-Payton
51-11.00 QUAL State Qualifier

Name	Yr	School	Finals
1 Derrick Cox-Payton	12	St. Cloud Tech	51-10.50@
2 Philip Conant	12	St. Francis	48-03.50
3 Teagan Duevel	12	Foley	47-01.00
4 Davis Artisensi-Skime	12	Zimmerman	45-06.50
5 Jacob Imdieke	11	St. Cloud Tech	44-09.00
6 Samuel Ruid	10	St. Francis	44-04.50
7 Jack Oker	11	St. Cloud Tech	44-03.00
8 Owen Berg	12	Sauk Rapids-Rice	43-11.00
9 Travis Boyle	12	Foley	43-00.00
10 Hunter Bockoven	12	Milaca	42-08.50
11 Logan Ash	12	Milaca	42-06.00
12 Anthony Hoagland	10	St. Cloud Apollo	42-05.50
13 Wyatt Schuler	12	Foley	42-05.00
14 Ethan Willmert	10	Monticello	42-02.50
15 Aidan Vaale	12	Zimmerman	39-07.00
16 Austin Imholte	11	Monticello	39-05.00
17 Jamison Waknitz	12	Spectrum	38-09.00
18 Diego Maldonado	11	St. Cloud Apollo	38-05.00
19 Patrick Shobe	11	Monticello	38-01.00
20 Zachariah Halvorson	9	Becker	36-08.00
21 Johnathan Boecker	10	Becker	36-01.50
22 Evan Peterson	11	St. Francis	35-09.50
23 Kevin Boeke	10	Princeton	35-01.50
24 Riley Thompson	12	Big Lake	34-02.00
25 Saul Kreft	9	Becker	34-01.00
26 Clay Anderson	12	Milaca	33-08.50
27 Alec Kapsner	12	Big Lake	33-05.00
28 Michael Edlund	12	Big Lake	32-08.00
29 Aaron Daniels	9	Spectrum	31-08.00
30 Calvin Bostick	9	St. Cloud Apollo	30-07.00
31 Robert Davidson	10	Princeton	30-02.00
32 Wyatt Gibson	9	Zimmerman	29-09.00
33 Elijah Sorenson	9	Spectrum	25-04.00
--- Cameron Adams	11	Princeton	FOUL

Event 248 Girls Discus Throw Wheelchair Wheelchair

Section 5AA: 35-04.50 @ 5/31/2023 Tayla Gassman

Name	Yr	School	Finals
1 Tayla Gassman	9	Big Lake	35-04.50@

Women - Team Rankings - 22 Events Scored

1) Monticello	200
2) Foley	102

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3) Becker	80
4) St. Francis	68
5) Zimmerman	46
6) Milaca	43
6) Sauk Rapids-Rice	43
6) Spectrum	43
9) Princeton	33
10) St. Cloud Tech	31
11) Big Lake	10
12) St. Cloud Apollo	7

Men - Team Rankings - 18 Events Scored

1) Becker	120
2) Monticello	119
3) Big Lake	94
4) St. Francis	69
5) St. Cloud Tech	64
6) Zimmerman	57
7) Princeton	49
8) Spectrum	43.5
9) Foley	33
10) Sauk Rapids-Rice	31
11) St. Cloud Apollo	17
12) Milaca	4.5